

Learn to Live

Term 4, Week 2 (26th October, 2018)

Important Dates:

Please mark these dates on your calendar

Term 4 - OCTOBER 2018

Fri 26	Summer Games (Cricket & Tee Ball)
Tue 30	Living Books Performance - Stg.3
Wed 31	Group A Kindy Transition

NOVEMBER 2018

Thu 1	Local Author Reading - Main Hall
Fri 2	Tuning into Kids Workshop Twilight Markets
Tue 6	HAT Day Fundraiser
Wed 7	Group B Kindy Transition
Fri 9	Kindy Graduation Photo's Sports Photo's Year 6 & Staff Muck Up Photo's Tuning into Kids Workshop
Wed 14	Group A Kindy Transition and Kindy Parent Evening Session
Fri 16	Tuning into Kids Workshop Slave Day - Year 6 Fundraiser
Mon 19	Interrelate - Stage 2 and 3
Wed 21	Group B Kindy Transition
Fri 23	Tuning into Kids Workshop
Tue 27	Norman Lindsay - The Magic Pudding 5/6CT, 5/6M, 5/6T, 4/5P *
Wed 28	Norman Lindsay - The Magic Pudding 2/3S, 3/4J, 1/2B, 1/2D, 3/4ZR *
Fri 30	Norman Lindsay - The Magic Pudding 1/2H, KS, KSC, K/1W * Tuning into Kids Workshop

DECEMBER 2018

Tue 4	Yr 6 Orientation Day Kindy Transition - A&B Full Day Yr 6 Farewell - S'Wood Golf Club
Fri 7	Tuning into Kids Workshop
Wed 12	Celebration Student Achievement
Mon 17	ES1/S1 End of Year Movie Outing
Wed 19	Yr6 Guard of Honour Last day of school for students

* Students in 4/5P, 3/4ZR & K/1W who catch an early bus will need to make alternative arrangements on their allocated excursion day

Principal: Mrs C Frith

Assistant Principal Stage 1: Mrs N Bridges, Mrs K Carter (Relieving)

Assistant Principal Stage 2: Mrs K Jansons

Assistant Principal Stage 3: Mr P Earl

Notes Home



- ◆ Summer Games - Selected Students
- ◆ Interrelate (Sexuality & Relationship Education) (3-6)
- ◆ ALERT: Impetigo (School Sores)
- ◆ K-6 Norman Lindsay Excursion - The Magic Pudding
- ◆ P&C Twilight Markets - Raffle Tickets
- ◆ - Parent Helpers Required

Assembly Dates

Fridays commencing 11.30am

TERM 4

October 26	K-2 Assembly
November 2	No Assembly
November 9	3-6 Assembly
November 16	K-6 Assembly
November 23	K-2 Assembly
November 30	3-6 Assembly
December 7	K-6 Assembly

School Activities Update



Kitchen Garden Classes - Term 4

Monday - K/1W, KSC, KS

Tuesday - 1/2B

Sport Days - Fridays

K-2 (9.55 - 10.55)

3-4 (12.25 - 1.25)

5-6 (1.55 - 2.55)



PE Days (sports uniform)

Wednesday - KS, KSC, K/1W, 1/2B, 1/2D, 1/2D, 2/3S, 5/6T

Tuesday - 3/4J, 3/4ZR

Monday - 4/5P, 5/6M, 5/6CT

Library Days

Monday: 1/2H, K/1W, KSC, 4/5P

Tuesday: KS, 5/6T, 5/6M, 3/4J

Wednesday: 1/2B, 1/2D

Thursday: 2/3S, 5/6T, 3/4ZR

Music

Monday: KS, 3/4J, 1/2D, 3/4ZR

Tuesday: K/1W, 5/6T, 4/5P

Wednesday: 1/2B, KSC, 5/6T, 5/6M

Friday: 1/2H, 2/3S



Grose Road, Faulconbridge NSW 2776

PO Box 249, Springwood 2777 Phone: 4751 2208 Fax: 4751 3933

Website: <http://www.faulconbri-p.schools.nsw.edu.au/>

Email: <http://faulconbri-p.school@det.nsw.edu.au>

Access student portal: <http://portal.det.nsw.edu.au>



Principal's Report

Dear Parents and Caregivers,

Twilight Markets

Our annual P&C Twilight Markets are on again next Friday night, 2nd November from 6-9pm. Make sure you come along and experience this great community event. I am looking forward to seeing all the amazing stalls and tasting all the delicious foods that will be on offer. There will be plenty to see and do, including an outdoor cinema.

A big thank you to our Twilight Markets sub-committee and the P&C for organising this great event for our school community.

Ethics in 2019

Ethics has been offered at Faulconbridge PS as an alternative program to Scripture each week. This year has proved problematic for our Ethics groups with not enough teachers being available to meet the demand for classes. In 2019 we cannot guarantee that Ethics classes will run due to a lack of teachers. In speaking with the Ethics Coordinators, we have decided to place a hold on Ethics classes being offered in Semester 1 2019, to allow volunteers to complete training before teaching the classes. We would love to be able to offer the full program at school but are unable to do so at this time. Students who have already elected to do Ethics will receive a note home next week explaining this further and informing parents of options at the beginning of the 2019 school year.

If you would like to find out more about the Ethics program and how to get involved as a volunteer, please come along to our next Community Consultation meeting this term.

Planned Parent Maths workshop with Springwood High School

Following on from the success of our recent parent Maths workshop, we are planning a Maths workshop with Springwood High School for Parents of students from Years 5-8. As students get older the mathematics they are required to know and understand becomes more complex. This will be an opportunity to parents to learn about the maths that students do at the end of primary school and the beginning of high school and will cover topics such as algebra and integers. The proposed date for this workshop is Thursday December 6th at 6:30pm in the High School library. We will provide more details closer to the event.

Interrelate

Interrelate is a special program that we offer every second year to students and parents in Stage 2 & 3. It is a sex education program that explains where babies come from (Stage 2) and puberty (Stage 3). This program is presented by a specialist educator, and the program is designed to be attended by the parent and child together. It opens up opportunities for parents to have, what can be, those tricky conversations as children get older.

Notes have already been sent home to all stage 2 and stage 3 families. Please return notes and money as soon as possible to secure your place in this program

Drought Relief at Quambone PS

During the school holidays I met with the Principal from Quambone PS to give her the monies donated on our Dress as a Farmer Day in Term 3. Each of the 8 families in the school received a prepaid Mastercard so they could determine to spend it on what they needed the most – animal feed, fuel, hay or water. I received a phone call last week from one of the parents at Quambone thanking our school for their support. Today I also received a letter from another parent expressing her gratitude for the gift as the drought is so severe that their farm is unlikely to generate an income for the next two years.

The children from the school had also written letters to our students. This week our students have been writing back and we will send the letters early next week. It great to see an ongoing connection with this small school in Western NSW.

Principal's Report Continued...

Movie Star in our midst

One of our Year 5 students, Jasmine Vogel, made her movie debut last weekend in the movie 'Book Week'. The movie was written, directed and produced by Heath Davis who grew up in the mountains and started out as an English teacher. He made Book Week on a shoestring budget. Although it is not a kids movie, it has been an exciting experience for Jasmine. For parents it will be screened at Hoyts Penrith and Glenbrook in the next few weeks. Congratulations Jasmine!

Here's a link to an article about Heath in the Herald recently <https://www.smh.com.au/entertainment/movies/lessons-in-life-how-a-casual-teacher-finally-became-a-filmmaker-20181010-p508rd.html>



Here is Jasmine with Heath...



With Nicholas Hope who played her Grandad in the film...

Extra-Curricular Programs

Our school offers many musical opportunities to students. The Drumming and Band Programs are made available to students from Year 3 onwards. Instruments on offer include trumpet, trombone, euphonium, flute, clarinet, saxophone, percussion, keyboard and bass guitar. Students have a 30-minute group lesson during class time and a band rehearsal once a week before school. There is a cost associated with these programs which may include band fees, tuition and hire of instruments if required.

Our K-2 students have a one-hour music lesson each week as part of our RFF program but also have access to private violin lessons, our string ensemble and the Infants Choir. The Infants Choir is fantastic - the kids sing, move to music and learn how to add keyboard, xylophone and percussion to their pieces.

Attendance Term 4

Attendance at school has been demonstrated to be a significant factor in students learning outcomes and wellbeing. Establishing and maintaining regular routines also assist students to develop their independence as they get older. All students in Kindergarten to Year 11 are required to attend school until Wednesday 19 December, the last day of teaching for 2018. Prior to this date, students in all year groups are engaged in meaningful work based on the curriculum and syllabus requirements. We expect to see every student at school every day. If there is an absence please send a note with your child on the day they return to school, or email the school.

If parents are seeking permission for their child to be absent from school for a period of more than 10 days an Extended Leave application should be completed.

Award Morning Tea

Congratulations to our Cub Award winners:

Term 4	Mahailia B - 5/6T	Lale Y - 4/5P	Lean M - 2/3S
Week 1	Elvis A - KS	Jack R - 3/4J	Maverick A - 1/2D
Term 4	Ava W - K/1W	Kaiya P - 3/4J	Claire H - 3/4ZR
Week 2	Seamus O - 2/3S	Jackson S - 2/3S	Abbey W - 2/3S

Mrs Carol Frith
Principal

Dear Families/Carers,

You're invited to our next Community Communication Meeting on Monday the 26th November for a 7pm start.

The agenda for the evening is as follows:

- Discussion about the congestion relating to the lack of parking around the school
- Consultation around a streamlined communication plan for 2019
- Ethics volunteer training

Your attendance and input into important matters of our school is welcomed and appreciated. We value strong working relationships between staff and our community, as we work together to continually improve the educational outcomes of our students.

Please come along, have your say and enjoy a cuppa too!



We want your feedback!

Parent and community 'Tell Them from Me' survey **closes today**. Please click on the link below to submit your feedback.

<https://nsw.tellthemfromme.com/q25tb>



Gateway Family Services

(An activity of Blaxland Uniting Church)

& Mountains Outreach Community Service

In Partnership presents...



Tuning In To Kids Parenting Group

Emotional Intelligent Parenting

- o Learn how to
 - Be better at talking with your child
 - Be better at understanding your child
 - Help your child to learn to manage their emotions
 - Help to prevent behaviour problems
 - Help your child to manage conflict

Shows you how to help your child develop emotional intelligence, making & keeping friends, better concentration at school, able to calm down when upset or angry and tend to have fewer childhood diseases.

Come along to our 6 Week Parent Group!

For parents and caregivers with children aged from 2 – 8 years old

LOCATION: Faulconbridge Public School
Grose Road, Faulconbridge

WHEN: Friday 2nd November –
7th December, 2018

TIME: 9:30am – 11:30am

COST: Donation

Register at Gateway: 1300 316 746

CHILDCARE AVAILABLE
- MUST BE BOOKED



Gateway encourages, supports & respects diversity in families & communities. Our Groups are open to everyone.

Amelia Jane Again!



Harry Potter



Goldilocks



Book Parade



The Ten Pound Pom



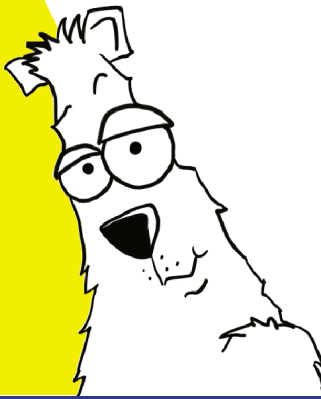
Faulconbridge Public School

PBL Award

TERM 4

WEEK 2

Presented to:



K-2 Assembly

KSC	Oscar B	Being a learner - Attempting all tasks with a positive attitude
KSC	Ned S	Being respectful - Always speaking politely and using good manners
KSC	Marshall P	Being safe - Making a consistent effort to keep hands and feet to himself
KSC	Kieran O	Being a learner - Working towards completing tasks on time
KS	Logan S	Being a focused learner
KS	Cailin O	Beginning to edit her own work
KS	Juliet M	Organising her writing into sentences
KS	Enzo N	Working hard to form his letters correctly
K/1W	Rama B	Being a learner - Improved confidence in Literacy
K/1W	Sophia O	Being a learner - Challenging herself in Literacy activities
K/1W	Banjo H	Being a learner - Excellent reasoning skills in Mathematics
K/1W	Rubi W	Being a learner - Continued growth in all Key Learning Areas
1/2B	David S	Great effort and improvements in all writing tasks
1/2B	Keira G	Consistent effort and improvements in reading
1/2B	Abbey T	Writing interesting sentences and increasing the amount of writing completed
1/2B	Noah C	Consistent effort and improvements in reading
1/2D	Matilda M	Her great work during narrative writing
1/2D	Cooper M	His continuous efforts in all classroom activities. Well done!
1/2D	Bella H	Her incredible effort during Mathematics and Reading groups
1/2D	Alexander M	His amazing improvement in the classroom. Well done!
1/2H	Aisha H	Being a friendly role-model for others!
1/2H	Archie B	Working hard and being a learner in all areas!
1/2H	Matias B	Working hard to improve his reading at home and school
1/2H	Elka L	Insightful contributions to class discussions!
2/3S	Seamus O	Consistently working hard in Reading groups
2/3S	Aryelle T	Always being a hard-working learner

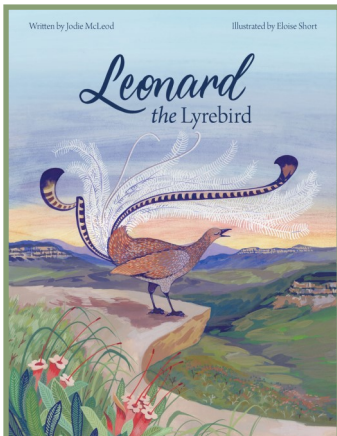
Local author to read 'Leonard the Lyrebird'

We're very excited to have Blue Mountains children's book author, Jodie McLeod, visit **Faulconbridge Public** on **Thursday 1st November**, to read and talk about her new book *Leonard the Lyrebird*! Illustrated by Katoomba artist Eloise Short, the book is set in the Blue Mountains and features the landscape and animals that we all know so well. It's a story about friendship, bravery and being yourself, and we're thrilled to have Jodie share it with us!

Books will be available for purchase and signing on the day of the event. This will occur at the end of the day, when parents pick up their children. Hardcover books are \$25, soft cover books are \$17. Cash and cards accepted. (If you do not pick your child up, but would still like them to purchase a book, correct money can be placed in an envelope, labelled with your child's full name and class. These envelopes must be brought to Mrs Cappy in the library, between 8:30 and 9am).

Here's a little preview of the story:

"Leonard is friends with everyone, and boy can he sing! But will his singing talents impress the one friend he really wants? Join this charismatic Blue Mountains bird in his search for the song that will change his life..."



And here's what award-winning local children's book author Tobhy Riddle had to say about the book:

"Featuring the enchanting landscapes of the Blue Mountains, and one of its most magical residents, the artful story of Leonard the Lyrebird is like a precious slice of the Blue Mountains itself."

"To find out more and read reviews, visit www.jodiemcleod.com/books



Colour Run Fundraiser

Prizes

The prizes for the colour run have been finalised this week and the P&C will notify you when we have an arrival date as well as the final amount of funds raised on the day.

Thank you all again for your continued support of our amazing school.





Twilight Markets

Falconbridge Public School

.....

FRIDAY 2ND NOVEMBER | 6 – 9PM
GOLD COIN DONATION ENTRY

Cnr Great Western Highway and Grose Rd, Falconbridge

LOCAL STALLS | FOOD TRUCKS | FAMILY FUN
PLUS OPEN AIR CINEMA
with candy bar and drinks available



Organised and run by Falconbridge Public School P&C
www.fpsandc.org.au

Proudly supported by





Our Twilight Markets are getting bigger and bigger every year and are becoming more and more popular within our community.

We have over 75 stall holders attending again, so we are sending out a call for volunteers to help make this night a great success!

It would be great if you could spare just a small portion of your evening in between shopping, sampling from the great food stalls or enjoying the live entertainment, to help us out.

We need volunteers to assist with the following:-

- ◆ Assisting stall holders with general set up
- ◆ Collecting gold coin donations at the front and back gates
- ◆ Manning our school stall

Please return the slip on the note that was sent home with the students or email fundraising@fpspanc.org.au by Wednesday, 31st October 2018.

All help is greatly appreciated! Be part of the fun and success of our brilliant markets!



TWILIGHT MARKETS PRIZE RAFFLE



In your children's school bags you might have found some raffle tickets for the Twilight Markets!

We have sent home a book of 20 tickets to every student to sell for \$2 each or 3 for \$5, with every single dollar heading back to the school.

We have an awesome list of prizes that will be drawn throughout the night, all generously donated by businesses who were thrilled to be able to support our school. Take a look at the prizes up for grabs - over \$2,500.00 worth!

Extra books of tickets are available from the Blackboard Café on Wednesday or Friday mornings. All tickets (sold or unsold) are due back at the school on Thursday, 1st November - and every student who returns their tickets will be put in the draw to win a prize of their own.



RAFFLE PRIZE LIST

OVER \$2,500.00 WORTH OF PRIZES!

- Signed AFL ball by the **GWS Giants** and a signed hat by the **GWS Giants Ladies team**
- \$100.00 voucher for Ubika Day Spa at the **Fairmont Resort**
- Couples wills from **Thomas Adams Solicitors & Conveyancers** valued at \$440.00
- Outdoor Family photography session with 5 high resolution prints on a USB from **DGM Photography** valued at \$300.00
- 2 x adult passes to **Taronga Zoo**
- Norman Lindsay Book and Poster from **Norman Lindsay Gallery**
- 2 x \$25.00 vouchers from **The Lolly Bug**
- \$50.00 voucher from **Blue Mountains Ugg Boots**
- Sydney Harbour Sightseeing Cruise voucher from **Captain Cook Cruises**
- \$75.00 voucher from **Jenolan Caves**
- A guided whitewater rafting session from **Penrith Whitewater Stadium**
- A family pass from **Blue Mountains Explorer Bus**
- Unlimited family discover pass valued at \$109.00 from **Scenic World**
- 2 x \$25.00 vouchers from **Finn & Co Café** in Springwood
- \$75.00 voucher from **Leura Garage Café**
- 1 x free 1 hour pass and 2 x free ninja class vouchers from **Flipout**
- Family Swim Pass from **Springwood Aquatic & Fitness Centre**
- \$25.00 gift voucher from **New Age Markets – The Hippy Shop**
- Free blow dry at **Jo's Colour Creations**
- \$50.00 voucher from **Lindsays Café**
- \$25.00 voucher from **The Turning Page Bookshop**
- \$20.00 voucher from **Colour Art Australia in Springwood**
- Shoulder Tote Bag valued at \$29.00 from **Arabesque**
- \$50.00 voucher from **Nauthes Jewellers** in Springwood
- Gift pack from **Faulconbridge Pharmacy**
- 1 x \$50.00, 1 x \$30.00 and 1 x \$20.00 gift certificates from **La Bello Pizzeria** Faulconbridge
- 4 x Family Passes to the **Sydney Olympic Park Aquatic Centre**
- \$25.00 gift certificate from **Ben Roberts Café** Lawson
- Clothing gift pack from **Mac's Daks Springwood**

Faulconbridge
Public School
Annual Twilight Market
2 November 2018
6pm to 9pm

FAULCONBRIDGE STUDENTS SING OUT for MUSIC THERAPY

On Sunday 28th October in Sydney Town Hall, Faulconbridge Choir students will join with 800 primary, secondary and adult singers, an 80 piece orchestra and the huge Town Hall organ in a wonderful program of choral/ instrumental music, including Peter Allen songs from Boy from Oz, Danny Boy, You'll Never Walk Alone and the great Carmina Burana.

Miss T and her students have been working very hard over many weeks to learn the songs, and will be rehearsing this Saturday and Sunday for the concert on Sunday Night.

Music Therapy is now considered an essential part of the recovery journey for sick children, especially those undergoing long-term treatment, and all funds raised from the concert will go to the Music Therapy Unit at Westmead Children's Hospital.

You can support our students by attending the concert or by making a donation. For bookings or donations, go to csme.org.au/celebration

Mal Hewitt, Musical Director.

Celebration Sing Out!

A state-wide community fundraising concert for

Music Therapy

Proudly supporting
Sydney Children's Hospitals Foundation

the
children's
hospital at Westmead

Sunday 28th October 2018, 7pm
Sydney Town Hall

1000 PERFORMERS

Massed choir | Symphony Orchestra | Pipe Organ

CONCERT HIGHLIGHTS

The Boy from Oz | Carmina Burana | You'll Never Walk Alone | Danny Boy

For tickets & donations visit
csme.org.au/celebration

also on



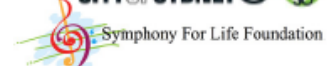
Produced and directed by

CSME

Collegiate of Specialist Music Educators

Supported by

CITY OF SYDNEY





www.mocs.org.au

**Welcome to
our programs**

◆ MOCS Community Hub
◆ Parenting Young
◆ Parent Education and Support
◆ Blue Mountains Occasional Care

◆ Mountains Mobile Minders
◆ Paint the Blue REAd
◆ Community Building
☎ 47586811 📠 47586477

TERM 4, 2018 PROGRAM

Playgroups—for parents, grandparents, carers with babies to 5yrs

Our playgroups are always open to new members!

- **Play in the Park** at Golden Horizons Park between Blue Hills Rd & Red Gum Ave, Hazelbrook on Tuesdays 10am-11.30am (weather permitting), resumes **23rd October**
- **NEW! Play in the Park** at Buttenshaw Park, GWH Springwood, on Wednesdays 10am - 11.30 am (weather permitting) starts **17th October**
- **Scout Hall Playgroup** at 70 Railway Pde, Hazelbrook on Thursdays 10am-12 noon resumes **18th October**

FREE CHILDCARE PROVIDED AT MOST WEEK DAY WORKSHOPS AND COURSES

First time parents group (with babies up to 12months): Meets every second Wednesday from 10 am - 12.00. 17th & 31st Oct, 14th & 28th Nov and 12th Dec. In partnership with Connect Child & Family Services. A friendly, informal social and support group. **At Heatherbrae, 1 Benang St Lawson (next to children's play area in town square).** Just come along or call Liz on 4758 6811 or Jeanette on 4759 1462 for more information.

NDIS Peer Monthly Support Group: Wednesdays - 10th October, 7th November & 5th December 10.00 - 11.30 am. Information, advocacy and support. Supported by Ability Links, MMNC and MOCS. **At Mid Mountains Neighbourhood Centre.** Child care available must book in advance. **Call Danielle on 4759 2592 or Liz on 4758 6811 for more information.**

Young Women's Self Defence: Tuesdays 23rd October - 27th November, 5.45—7.30 pm. Suitable for young women 12 years and up. Learn how to use your strength effectively, practical strategies for staying safe, practice verbal and physical self defence techniques. With accredited trainer. \$60 for course (or \$45 if more than 1 woman under 25yrs from same family). **Korowal School, 54 Hall Pde, Hazelbrook.** A partnership with Blue Mountains Women's Health & Resource Centre, Korowal School and MOCS. Bookings essential call 4782 5133.

Children's Week Celebration! FREE Sunday 28th October, 12.30 - 3.30 pm. Feature Creatures, Jumping Castle, Face Painting, Art with Uncle Ed, Billie Booksie, Fire Truck, Sausage Sizzle and service information. **Noble Street Park, Bullaburra (if raining Lawson Public School Hall).** Presented by MOCS and the Aboriginal Cultural Resource Centre with support from Blue Mountains City Council. For more information call MOCS on 4758 6811.

FIND US ON FACEBOOK: Mountains Outreach Community Service

Turn over for more courses and seminars for parents

A gold coin donation is appreciated at all of our courses and events. Thankyou.

TERM 4, 2018 PROGRAM (continued)



Grandparents & Elders Day Event: FREE Sunday 4 November, 11 am - 3pm, Wentworth Falls Lake. Presented by Blue Mountains City Council with community partners. Celebrating the role grandparents and older people play in our community. Picnic, Billie Booksie, Retro-Hello, a walk & talk with Blue Mountains Aboriginal Elders and more! All welcome. **More information contact Prue Hardgrove on phardgrove@bmcc.nsw.gov.au or 4780 5546. (If raining Blue Mountains Grammar School Junior Hall via Matcham Ave, Wentworth Falls.)**

Tuning Into Kids Parenting Course: 6 Fridays – 2nd November to 7th December, 9.30 – 11.30 am. Learn to better communicate with and understand your child to help manage their emotions and behaviour. **Faulconbridge Public School, Grose Rd, Faulconbridge.** In partnership with Gateway Family Services. Gold coin donation. **Bookings essential call Gateway on 1300 316 746. Limited childcare available must book.**

From Floundering to Flourishing Parenting Seminar: Wednesday 7th November, 9.30 – 11.30 am. Presented by Gateway and Connect. Gold coin donation. **At Heatherbrae 1 Benang St Lawson. Bookings essential call Gateway on 1300 316 746. Limited childcare available must book.**

Mid Mountains Festival: Saturday 17th November, 10 am – 4 pm. Celebrate, share, belong—join the community at this lively, local festival. Kids activities, music, stalls, food. **Mid Mountains Neighbourhood Centre, 9 New St Lawson. Details at www.mmnc.org.au or call Danielle on 4759 2592 for more information.**

Aboriginal Cultural Bush Walk with Chris Tobin: Saturday 24th November, 2.00 – 4.30pm. Mid Mountains area, suitable for families with children 0-14yrs. **Limited numbers bookings essential. Call MOCS on 4758 681. FREE.**

Lawson Public Transition to School Playgroup: Wednesday 14th, 21st & 28th November, 9.00—11.00 am in School Hall. A 3 week program to follow on from the School orientation. Will give the children another opportunity to get to know the school, meet new friends and enjoy school oriented games and activities. Please bring along a piece of fruit and a bottle of water. Siblings welcome. Call MOCS on 4758 6811 for more information.

Mid Mountains Bush Walking Group: Each Wednesday 9.30 am for approximately 3 hrs. For adults, leader is Andy Cairns who is affiliated with Springwood Bush Walking Club, regular walkers encouraged to join the club. For details on walks and information call Andy on 4758 7787 or email macandy@iprimus.com.au.

Sole Parent Connections: Are you a sole parent wanting to meet others for activities and outings with your children? **Call Liz at MOCS on 4758 6811 or email hub@mocs.org.au.**

For information CALL MOCS ON 4758 6811 or



We acknowledge the Darug and Gundungurra people as the Traditional Custodians of the lands on which we live and work. MOCS is committed to Reconciliation.

Mid Mountains Community Hub is funded by Community Builders, NSW Govt and is a project of Mountains Outreach Community Service



THE 30TH ANNUAL
DOLL, BEAR AND
Craft Fair
 9:00am to 3:00pm
 Saturday & Sunday, October 27-28th
 AT THE MUSEUM OF FIRE
 1 MUSEUM DRIVE, PENRITH

Adults \$6
 Concessions \$4
 Children \$2

Museum of Fire

TEDDY BEARS & MAKING SUPPLIES • WOODEN TOYS & FURNITURE
 DOLLS & ACCESSORIES • DOLL HOUSES & SUPPLIES
 JEWELLERY & CRAFT • REBORN DOLLS • AROMATHERAPY
 UNIQUE HANDMADE PRODUCTS • & MORE!

For more information, call 4731 3000 or visit www.dollbearcraftfair.com.au

Halloween

Meet the ghosts and ghouls
 at Valley Frights Rail Museum
 when it hosts its **FIRST EVER TWO DAY**
DRACULAR SPECTACULAR!
SATURDAY 27 OCTOBER 2pm until 8pm*
SUNDAY 28 OCTOBER 10am until 4pm*

Test your nerve in the 'Tram of Terrors' & 'Silver Scares';
 ride the 'Spooky Express' steam train past the 'Ghost Train';
 'Wacky Witch Hunt' competition; face painting (gold coin donation to
 Girl Guides); & fancy foods. Plus all regular exhibits & attractions.

Valley Heights Rail Museum
 17b Tusculum Road, Valley Heights
 *Normal admission fees apply. *Last rides: 7pm Saturday; 3.30pm Sunday
 Email: info@valleyheightsrailmuseum.info Phone: 02 4751 4638 (leave message)
 Online advance ticketing option: trybooking.com/book/event?eid=405702&

woolworths
CRICKET BLAST

FUN AND FAST

WOOLWORTHS CRICKET BLAST IS A FUN AND FAST PROGRAM FOR KIDS OF ALL ABILITIES TO LEARN NEW SKILLS AND PLAY AUSTRALIA'S FAVOURITE SPORT.

ACTIVE KIDS
 FROM THE AUSTRALIAN GOVERNMENT DEPARTMENT OF EDUCATION AND TRAINING
 NEW

JUNIOR BLASTERS
 AGES 5-7 | 60 MINS

- Learn new skills including catching, throwing and teamwork
- Make new friends or organise a group to learn together
- Wear the colours of your favourite Big Bash heroes in a personalised t-shirt
- All equipment supplied, parents join in the fun

MASTER BLASTERS
 AGES 7-10 | 90 MINS

- For kids with basic cricket skills
- Every kid gets a chance to bat, bowl and field
- Wear the colours of your favourite Big Bash heroes in your choice of coloured player cap
- Make new friends or organise a group to play together
- All equipment supplied, parents join in the fun

SIGN UP NOW TO GET YOUR JUNIOR BLASTERS PACK!
 Includes t-shirt with your name on it and bucket hat in your choice of Big Bash team colour, bat & ball, personalised bat sticker sheet & progression tracker.

SIGN UP NOW TO GET YOUR MASTER BLASTERS PACK!
 Includes player cap in your choice of Big Bash team colour & progression tracker.

JOIN THE FUN AT YOUR LOCAL CENTRE
 REGISTER AT PLAYCRICKET.COM.AU

OFFICIAL KIDS PROGRAM

Open Day
Nov 3rd 2018 10am - Noon

Children's House Montessori is now taking enrolments for 2019. We have 2, 3 and 5 day options available.

Children's House offers 'a home away from home' nurturing warm environment for your child to thrive. We offer an extensive school readiness program, with a trained Early Childhood Teacher and Montessori trained educator. All staff are trained.

Children's House is an approved centre so families can avail of CCSS and other government subsidies.

Our fees will be \$68 per day for 2019.

Please come and observe our unique environment by contacting 47515991 or 0408914373

Website: childrenshousemontessorifaulconbridge.com



resilience and wellbeing survey

Help shape a healthy and resilient Blue Mountains

Contribute to a study that is the first of its kind in the Blue Mountains: find out how resilient and healthy we are.

Let your community and your Council know what is important to you.

Help build knowledge that will shape future action, funding, infrastructure and policy.

www.bluemountainshaveyoursay.com.au/resilience-and-wellbeing

Further Information

Rhiannon Walker on
(02) 4780 5726 or email
rwalker@bmcc.nsw.gov.au



All girls who are in Years 4 to 8 at Primary or High School are invited to participate in our "Girls in Motion" running program at Tom Hunter Park, Faulconbridge.

It is a fun, inclusive, non-competitive running program, designed to inspire and motivate girls to become and stay active as they enter adolescence.

The program is centred on the girls participating in 'fun' running based games. The girls will learn about good running technique, play exciting games, and develop confidence in their bodies' ability to move and be strong, fit and healthy.

PROGRAM DETAILS:

Program runs for 8 weeks during term 4 2018, on Tuesday afternoon, 4.00 to 5.00 pm, at Tom Hunter Park, Faulconbridge.

Commences: Tuesday 23rd October, 2018

COST is \$105 per child.

Active kids vouchers can be used.

All coaching provided by Lyndal Maloney, from Serotonin Running. Lyndal is a fully accredited Running Coach with Athletics Australia, an accredited teacher with BOSTES, and has a current working with children check.

For more details and a registration form, please contact Lyndal on

0428 003324 or email lyndal@serotoninrunning.com.au

www.serotoninrunning.com.au



Australian Government
Australian Digital Health Agency

Did you know you may already have a My Health Record?

Attend an event in your area to learn more

Learn about:

- ◆ The benefits
- ◆ How to personally control your record
- ◆ System security



phn
NEPEAN
BLUE MOUNTAINS

An Australian Government Initiative

Come and visit us:

18 October: 10.30am – 12.30pm,
Springwood Library.

31 October:
10.30am – 12.30pm, Katoomba Library.
1.00pm – 3.00pm, Blue Mountains District
ANZAC Memorial Hospital, Main Entrance

7 November: 11.00am – 2.00pm,
Nepean Hospital, Main Entrance.

Learn how to set up your record, add information and control who has access to it:

14 November: 10.00am – 12.00pm,
Nepean Community College, Shop 115B,
Westfield Penrith.

Bookings essential: 4724 9000



What if I already have a My Health Record and I don't want it any more?

You can choose to cancel your record at any time. You can find the 'Cancel My Health Record' button under the 'Profile' menu within your record, or you can call the Help line.

For more information go to:

MyHealthRecord.gov.au | Help line 1800 723 471

Authorised by the Australian Government, Canberra.



WHITE RIBBON DAY
25th NOVEMBER
SAY NO TO
DOMESTIC VIOLENCE

White Ribbon is Australia's only national, male led Campaign to end men's violence against women.

Vision All women live in safety free from all forms of men's violence.

Mission Making women's safety a man's issue too

WHITE RIBBON WORKING BEE

WANTED

A Few Good Men

to put together white ribbons to raise awareness of **men's violence against women**. The ribbons will be distributed to all Neighbourhood Centres across the Mountains & Lithgow.

When: Tuesday 30th October

Time: 4pm-6pm

Where: Mid Mountains Neighbourhood Centre
9 New St, Lawson.

RSVP: MMNC 4759 2592

A light snack will be provided.



Lower Mountains NC, Springwood NC, Winmalee NC, MOCS, Mid Mountains NC, Katoomba NC, Blackheath NC, Lithgow NC



SWOT

SPRINGWOOD WORLD OF TENNIS

Andrew McLeod

Accredited Club Professional NSW TCA
Coach

Previously coached in USA and Germany

Qualified PDHPE Teacher

GROUP & PRIVATE LESSONS

ALL AGES - beginners to elite players

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Phone: 4751 5383

Mobile: 0416 083 472

Email: springwoodworldoftennis@hotmail.com

SPRING ST, SPRINGWOOD

PO BOX 139, SPRINGWOOD NSW 2777



Join us at a Children's Week Family Fun Day

Where: Noble Park, Bullaburra

Date: Sunday, 28 October 2018

Time: 12.30pm to 3.30pm

Activities: Jumping castle, face painting, feature creatures and a FREE sausage sizzle. Tea, coffee and muffins available for purchase.

Call **MOCS** on 4758 6811 or **ACRC** on 4782 6569 for more information.
If raining, the event will be moved to Lawson Public School hall.



Grandparents and Elders Day

NSW Grandparents Day celebrates the role grandparents and older people play in our community – both the things they have done, and the things they keep doing.

Sunday 4 November, 2018
Wentworth Falls Lake, 11am - 3pm



Wet weather? Please go to Blue Mountains Grammar School Junior Hall, via Matcham Ave, Wentworth Falls, NSW, 2782.

Join us at Wentworth Falls Lake for a picnic, Billie Booksie, Retro – Hello, a walk and talk with Blue Mountains Aboriginal Elders and more.

There will be a creative **COMPETITION** to show us how much you love and value your grandparents/elders by submitting a story, poem, artwork or video.

For information on the event including entry into the competition please contact Prue Hardgrove, Council's Aged and Disability Services Development Services Officer on phardgrove@bmcc.nsw.gov.au or **4780 5546**.

Let's celebrate our Grandparents and Elders

bmcc.nsw.gov.au

Locked Bag 1005 Katoomba NSW 2780
Email council@bmcc.nsw.gov.au



Family &
Community
Services

