

Faulconbridge News

Learn to Live

Term 4, Week 4 (8th November, 2019)

Important Dates:

Please mark these dates on your calendar

NOVEMBER 2019				
Fri 8	Musical Dress Rehearsal			
Wed 13	Kindy Transition - Group A Kindy Parent Evening Session Musical - Final Date to buy tickets 'Got It' Group 8:30am to 12:30pm			
Thu 14	Musical 12pm & 6pm shows			
Fri 15	Musical 12pm & 6pm shows			
Tue 19	Stg2 Talent Quest Auditions-lunch			
Wed 20	Kindy Transition - Group B 'Got It' Group 8:30am to 12:30pm			
Thu 21	Stg2 Talent Quest Auditions-lunch			
Fri 22	Last day for Library borrowing ICAS awards presented at 2pm 3-6 Assembly			
Mon 25	Separation Anxiety Workshop @ 9:15am in the School Library			
Tue 26	Stg 3 Talent Quest Auditions at lunch in the main hall			
Wed 27	'Got It' Group 8:30am to 12:30pm Separation Anxiety Workshop 7pm Final day for book fair			
Fri 29	All Library books to be returned			

DECEMBER 2019			
Tue 3	Year 6 Farewell		
	Kindy Transition - Whole Day A&B		
Wed 4	'Got It' Group-8:30am to 12:30pm		
	'Got It' Night Group - 6pm to 8pm		
Fri 6	K-6 Assembly		
	ES1 & S1 Poetry Final-after lunch		
Tue 10	Talent Quest practice-after lunch		
Wed 11	'Got It' Group 8:30am to 12:30pm		
Thu 12	Celebration Student Achievement		
Fri 13	Reports go home		
	Poetry Final		
Mon 16	ES1/S1/S2/S3 End of Year Outing		
Tue 17	Talent Quest (middle session)		
Wed 18	Last day of school for 2019		

Principal: Mrs C Frith

Assistant Principal Stage 1: Mrs N Bridges, Mrs K Carter (Relieving)

Assistant Principal Stage 2: Mrs K Jansons
Assistant Principal Stage 3: Mr P Earl

Notes Home

- Stage 1, 2 & 3 End of Year Outing permission notes
- ♦ Poetry Competition ES1, Stage 1, Stage 2 & Stage 3
- ♦ Annual Blue Mountains Schools 2019 Public Speaking Comp
- ♦ Welcome to Term 4 KW students
- ♦ Celebration of Student Achievement Ceremony note
- ♦ Whooping Cough Alert (4/5S)
- ◆ Threadworm Alert (KW)

Assembly Dates

Fridays commencing 2pm

TERM 4

22nd November 3-6 6th December K-6

School Activities Update



Sport Days - Fridays K-2 (9.55 - 10.55) 3-4 (12.25 - 1.25) 5-6 (1.55 - 2.55)



PE Days (sports uniform)

Tuesday: 2/3C, 3/4J, 3/4Z, 4/5S
Wednesday: KC, KW, K/1J, 1/2G, 1/2H, 1/2S, 5/6P, 5/6S, 5/6T



Tuesday: 3/4Z, 3/4J, KW Wednesday: 5/6S, 5/6P, KC Thursday: 2/3C, K/1J, 5/6T Friday: 1/2G, 4/5S, 1/2S, 1/2H

Music

Monday: KW, K/1J, 3/4ZP, 3/4J Tuesday: KC, 5/6P, 1/2S, 4/5S Wednesday: 2/3C, 5/6T, 5/6S, 1/2H Thursday: 1/2G



Choir

3-6: Sopranos Tuesday 8:00am, Altos Thursday 8:00am in the Main Hall K-2: 8:15am Thursdays in the Music Room

Grose Road, Faulconbridge NSW 2776

PO Box 249, Springwood 2777 **Phone:** 4751 2208 **Fax:** 4751 3933

Website: http://www.faulconbri-p.schools.nsw.edu.au/
Email: http://faulconbri-p.school@det.nsw.edu.au
Access student portal: http://portal.det.nsw.edu.au



Principal's Report

Dear Parents and Caregivers,

Twilight Markets

We had another fabulous Faulconbridge evening last Friday night for our annual Twilight Markets. The weather was kind to us and the school was 'buzzing' with activity. Thank you to all the volunteers who put in a huge effort to make the markets another successful event for our school community. Thank you to everyone who donated cakes to our school stall, and books to the book stall. These initiatives are a great way for everyone to contribute to the success of the event. A big thank you to our P&C Twilight markets team for their continued effort and enthusiasm in planning and implementing the event and fundraising for our school.

Award Ceremony

It was with pleasure, last week, that I was present when Mrs Jansons was awarded her Certificate of Validation for her completion of the Principal Leadership Program. The Certificate was awarded by Mr Phil Seymour, the president of the NSW Primary Principals Association, in the presence of the Secretary of the Department of Education, Mr Mark Scott. I am incredibly proud of Mrs Jansons and the work she has done to be awarded the certification. Congratulations Mrs Jansons.





The rules don't change

Lately it is evident that some students believe that they can ride their scooters around the school after the bell and after school hours. This was particularly obvious at the Twilight Markets. Our school grounds were extremely crowded, and it was quite dangerous for students to be on scooters in such a crowded space. The rules don't change just because it is after 3pm. As stated in previous newsletters, all bikes and scooters should be walked into the school grounds and walked to the gate when exiting school grounds.

Equally, all students, 12 years old and under, should be supervised by parents after 3pm. Our duty of care as teachers does not extend to after school events. Our office staff and Learning Support Officers have no legal duty of care to students. We do not provide supervision of students during events such as parent/teacher evenings and the Twilight Markets. Children remain under the responsibility of their parents. We would appreciate your cooperation in this matter.

Neighbourhood Issues

From time to time there may be incidents which occur in the neighbourhood outside of the school that involve students from our school. It is important to make a report the police if there is incident that causes distress, injury or damage to your property. Children from the age of 10 fall under the Young Offenders Act. The police are your first option if incidents arise, that are not on the school grounds. Springwood Police

can be contacted on 4751 0299.

Dogs on school grounds

It is timely to remind families that The Companion Animals Act provides that dogs are prohibited from school grounds whether they are leashed or unleashed. It is an offence which carries a penalty ranging from \$1,100 to \$11,000 depending on whether the dog is designated a dangerous breed or

not. This does not apply to police, guide or assistance dogs.





Principal's Report cont'd

This is a health and safety issue for all members of the community. Dog's behaviour can be unpredictable in noisy, busy environments and our school cleaners should not be cleaning up from our four-legged friends. In an effort to comply with the Companion Animals Act of NSW we request that you leave your dogs at home. If your family enjoys walking to school with their dog, please stop and say goodbye at the school gate.

https://www.olg.nsw.gov.au/public/dogs-and-cats/responsible-pet-ownership-program/prohibited-areas-dogs

School Attendance

Congratulations to the families who have made a great effort to have their children at school every day.

There is an area that the school can do better and that is getting to school on time each morning. The first few minutes in each classroom is very important for setting up the plan for the day's learning activities. Children do not have a positive start to the day if they walk in late and they miss the instructions for the first activity. Students are marked as absent on the attendance register if they walk in to the classroom after the rest of the class has entered. Mornings are considered prime teaching and learning time for classrooms and you can help by aiming for "In line, on time" each morning. All children arriving late to school should report to the office to get a late note before going to their classroom.

Arriving at school

We have some students who are arriving at school before our 8:25am bell. This bell signals that there is a teacher on duty to supervise students before school. Students arriving earlier than this are asked to sit near the canteen. This is to ensure their safety until a teacher is on duty. When the bell goes at 8:25am the teacher/s on duty will supervise students on the quad area until the 8:55am bell. If you need to drop your child to school before 8:25am we have an Out of School Hours (OOSH) service – FunKids - on site, who may be able to assist you with care in the mornings. Please contact Funkids for information. www.funkids.com.au

School Fees

Statements were issued this week for outstanding fees. We would appreciate your best efforts to have these paid before the end of the year. The school has had to pay invoices for events and equipment the students have used and your prompt payment helps us ensure ongoing experiences for the students. Please contact the school office if you have difficulties paying your account to arrange a payment plan.

Cub Award Morning Tea

Congratulations to our Cub Award winners for 2019:

		Safe	Respectful	Learner
Term 4	K-2	Kalee B - KC	Adeline E - KC	Tasharna-Rae C - 1/2G
Week 3	3-6	Harrison R - 2/3C	Emma G - 4/5S	Sam W - 3/4J
Term 4	K-2	Kiraleigh B - 1/2G	Kalee B - KC	Connor B - 1/2G
Week 4	3-6	Jackson S - 3/4J	Jack S - 5/6P	Abigail M - 5/6T

Mrs Carol Frith - Principal

Dear Parents/Carers,

The ICAS certificates will be presented at the next 3-6 assembly on Friday,

22nd November at 2pm. Year 2 students who sat the ICAS assessments will be invited to attend this assembly. Parents of participating students are invited to attend.

Regards, Mrs K. Jansons











Recently our communities team have been working on the sourcing and installation of a Welcome to Country Sign for Faulconbridge Public School. As a school we recognise the place of Aboriginal and Torres Strait Islander people as the first custodians of this land. This increased awareness will help us create a more united Australia, that celebrates and embraces our First Australians. Consultation for the sign was discussed with our Local Dharug and Gundungurra Elder, Uncle Graeme Cooper and the Local Aboriginal Educational Consultative Group.

We thank Signpac who created and installed the sign and incorporated our design ideas. We look forward to officially celebrating our Welcome and Acknowledgement to Country in the coming future.





NAIDOC ARTWORK



This year's NAIDOC Theme Voice, Treaty, Youth, were three key elements to the reforms set out in the Uluru Statement from the Heart. These reforms represent the unified position of First Nations Australians. The reforms outline the desire for a First Nations Voice to Parliament enshrined in the Constitution and second, a Makarrata Commission to supervise treaty processes and truth-telling. (Makarrata is a word from the language of the Yolngu people in Arnhem Land. The Yolngu concept of Makarrata captures the idea of two parties coming together after a struggle, healing the divisions of the past. It is about acknowledging that something has been done wrong, and it seeks to make things right.) Aboriginal and Torres Strait Islander people want their voice to be heard.

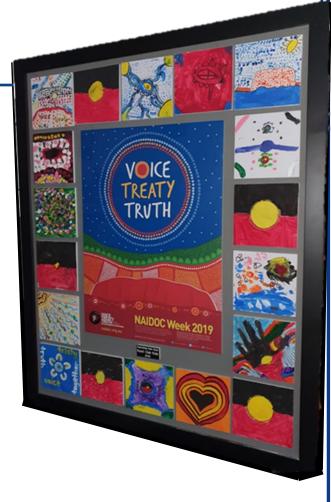
Our Koori club students explored the ideas and values that surrounded the Uluru Statement from the Heart. The students then demonstrated their understanding of this year's theme through art. Student artwork expressed their story of Voice, Treaty, Youth. These artworks were arranged around the key image for NAIDOC Day and were mounted and framed. This creative display of understanding from our young Aboriginal and Torres Strait Islander students can be viewed in our front office. It is a great tribute to future generations, that their voice matters.







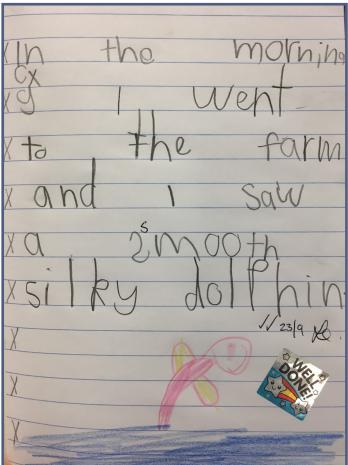


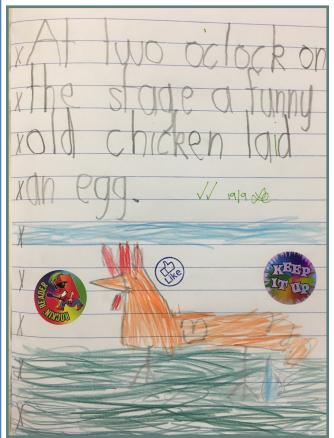


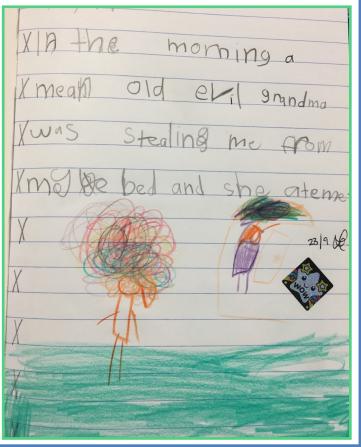


Imaginative texts created by students in KC



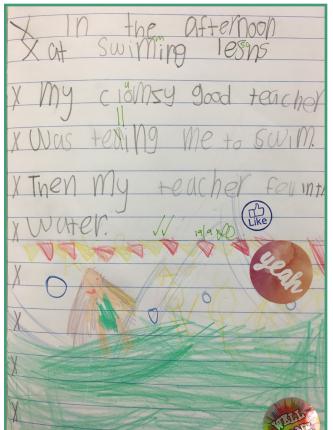


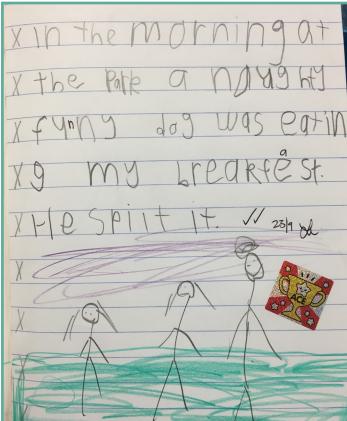






Imaginative texts created by students in KC cont'd









The students of Faulconbridge Public School bring to life the story of the panther that roams the Blue Mountains. Panther is a musical that showcases the talents of our students in all of the creative and performing arts.

Panther will be performed at Faulconbridge Public School On Thursday 14th and Friday 15th November 2019. There will be one matinee performance starting at midday each day and one evening performance starting at 6pm each evening.

Tickets will go on sale at 9am on Monday 21st October and will be available for purchase until Wednesday 13th November, unless sold out.

All tickets will be \$10 pp and can be purchased from trybooking.com by accessing the following link:

http://www.trybooking.com/BFJYQ

If you have trouble with this link, please try

https://www.trybooking.com/551580

Please contact Mrs Bridges if you come across any difficulties when purchasing tickets.





Stage 2 Blue Gum Lodge camp



















Stage 2 Blue Gum Lodge camp cont'd



















Our Students at the 2019 Celebration Sing Out Concert

On Sunday 27 October I had the pleasure of accompanying 18 very excited choir students from our school to the Sydney Town Hall where they performed at the 2019 Celebration Sing Out Concert.

It was fantastic to see our students perform with pride and enthusiasm together with students, teachers and other adults from across New South Wales after months of hard work.

On Saturday 26 October they spent 3 very hot hours rehearsing at Granville Public School for their concert. On Sunday 27 October they also rehearsed for their concert at The Sydney Town Hall, which took place later that evening. It was a long, tiring yet rewarding couple of days for everyone involved.

One of the many highlights of the concert was the John Farnham Medley which was delivered by over 700 primary, secondary and adult choristers, various community choirs and The Occasional Performing Sinfonia. This combined presentation also included the amazing sounds of 4 bagpipe players.

Congratulations to our conductors Mr Mal Hewitt and Mrs Gwen Blackwell for their tireless efforts throughout the year. They helped to produce another wonderful concert for our students.

Thank you Mrs Frith for coming to watch our students at the concert.

I would also like to extend a huge thank you to the parents of our students for their help and support leading up to and including the day rehearsal and evening performance. Without you this experience would not have been possible for our choir.

All proceeds from this concert, which currently stands at approximately \$30 000, will be going to 'The Music Therapy Unit' at Westmead Children's Hospital. This will enable the music therapists to work with some very sick children suffering from different types of cancers; and contributes significantly to their recovery.

MUSIC....What a wonderful addition to the lives of our children!

Yours Chorally
Dimitra Theoharis





BOOK FAIR FOR QUAMBONE!!!

Our Book Fair in support of Quambone Public School is fast approaching!!!

Please come along and get some Christmas shopping done, while at the same time supporting a school community who are going through a tough time.

The Book Fair will take place in the library and will open on **Thursday 21st November** after school. On each day after this it will be open

- In the mornings from 8:30
- Lunchtimes
- In the afternoon until 3:30

The last day of the Book Fair will be Wednesday 27th November.

A vast array of fantastic children's books and stationery will be available during this time, so come along and show your support!

Mrs Jill Capuyan Teacher Librarian



NEWS FROM QUAMBONE PUBLIC SCHOOL

First and foremost I would like to thank the whole Faulconbridge PS community for their continued support. We were incredibly touched and our families were extremely grateful for the funds you raised last year. These were distributed equally to each family within our school and they would have gone such a long way, not only in terms of financial help, but also in terms of lifting spirits. Our families felt blessed knowing that a group of students and their community cared enough about people living through the drought to go to the effort of raising money. That our families were chosen as the lucky recipients was hard to believe but so appreciated. Total strangers who wanted to help total strangers.

It has been a very long time since we have seen any useful rain in Quambone. Unfortunately we have seen many, many dust storms- too many to count. They are never ending. Imagine every surface and every nook and cranny of your classroom or home coated in a layer of dust. All of your belongings, your bedding, your carpets, your walls and even the clothes in your cupboards, covered in dust. You wipe it down or vacuum it up and then the next day there is another dust storm. It can get you down at times.

Since our contact with FPS last year, some of our farming families have had to sell off their stock as feeding has become too expensive. Some of our families have not had a great deal of work which has dramatically affected their income. It isn't just

the land owners who suffer in drought, it is also the farm hands, the shop assistants, people who may pick up the odd cleaning job- all of these jobs become more difficult to secure when drought takes hold. We are just one of many school communities who are now in the grip of the continuing drought.

Beyond the financial stress is the uncertainty of what lies ahead. It seems that every conversation ends with, 'Well, hopefully we'll get some rain soon.'

But, it certainly isn't all doom and gloom at Quambone Public School! Quambone PS is a fabulous school with a hard working greater school community and 13 awesome students. Our students LOVE a good laugh and they love to learn. Our community is currently working really hard to raise funds so that all of our students can attend the upcoming Canberra excursion. Locals who don't even have students attending the school have donated meat and other prizes for raffles, all with the aim of getting our students to Canberra, and I am happy to say that with the help of this great community, it looks like all of our students will be attending.

Kind regards,

Paula Buttenshaw - Principal Relieving (Quambone Public School)



Seminar: Parenting Children Who Struggle with Separation



Starting school for the first time or returning to school after a break can bring up some strong feelings in children and parents. It is not uncommon for children to experience big emotions and engage in behaviours that are very difficult cope with. It is important at this time to strike balance between providing them comfort whilst encouraging them to be brave and get to school each day. We have some strategies that may help!

Got It! Back to School Separation Anxiety Info Session

Where:

Faulconbridge Public School

Library

When:

Monday 25/11/19 @ 9:15am Wednesday 27/11/19 @ 7:00pm

Presenters:

Jacqui Budden

(Senior Psychologist Education, Faulconbridge)



Rose Glassock

(Department of Education-Network Specialist Facilitator)

Karli Beswick-Lee

(School Counsellor/ Psychologist; GOT IT! Clinician- term 4, 2019)

Please contact Carol Frith if you require further information:

Tel: (02) 4751 2208 Email: faulconbri-p.school@det.nsw.edu.au









The P&C would like to say thank you to everyone that supported our school again this year with our Annual Twilight Markets. It is always a great night with delicious food, fabulous stalls and a great community spirit.

We can't thank you all enough for your generosity and help. Whether it was from buying raffle tickets, to helping set up stalls, directing traffic, helping on our school stall, serving in our Café, manning the gates, picking up and returning light towers or just being there taking part, the night cannot be a success without you. In saying that there are a few people that we would like to single out with the amount of work that they did. A special thank you to Springwood Rotary and Mr O. Your help in directing traffic so there is no inconvenience or accidents is paramount. Also to Mrs Carter, Miss Waddell, Mrs Frith and Mrs Henderson. Your tireless efforts on the night on the school stall did not go unnoticed. You did an awesome job all night selling our baked goods and glow products. Mrs Harris and Lauren's help on the book stall. Wow, we received so many books of all kinds and you sorted them all in orderly fashion and I am pretty sure at least half were sold.

And last but not least a big thank you to our P&C volunteers who were there all night making sure that the night ran smoothly and then there until after midnight packing up, cleaning the grounds and counting money.



We are still waiting on some final payments, but we are pleased to announce that we have raised close to \$8,000 – thank you from the bottom of our hearts!







The Twilight Markets are organised and run by Faulconbridge Public School P&C

www.fpspandc.org.au





Faulconbridge Public School

Twilight Markets

Proudly supported by



Just opened in Faulconbridge Shop 3, 7-9 St Georges Crescent Welcome to Australia's best tea party! Located in the picturesque Blue Mountains of New South Wales, we've sourced over 150 great teas, an extensive range of teaware, local 'mountains made' aifts and unique books to offer you, the TEA LOVER, the most comprehensive range in Australia backed by a friendly,

family team.
Why tea? Because it's the second most popular drink in the world. Because it's healthy. tasty and fun. Because it brings people together. Because we

love it!
You can never get a cup of tea
large enough or a book long
enough to suit me. C.S.Lewis



The Twilight Markets are organised and run by Faulconbridge Public School P&C

www.fpspandc.ora.au





Faulconbridge Public School

Twilight Markets

Proudly supported by



Located in the Quan Yin Healing Centre off Macquarie Road in Springwood Mall - right next to the Bunker Café

Our aim is to provide a quiet, calm and relaxing space for our clients to help:

*Reduce chronic pain *Improve the quality of their sleep *Achieve greater flexibility *Release physical tension *Reduce back, neck and shoulder pain * Pregnant mothers to have a more healthy, relaxed and comfortable pregnancy

We also offer a range of holistic facials and treatments customised to suit each client's skin type and designed to make them feel pampered and relaxed.

We use only organic pure essential oils in our diffuser and quality natural organic massage oil and facial products.





The Twilight Markets are organised and run by Faulconbridge Public School P&C

www.fpspandc.org.au





Faulconbridge Public School

Twilight Markets

Proudly supported by



Here with you step by step

Meet the friendly, experienced team at In Step Physiotherapy located at Restore Health Clinic on Layton Avenue, Blaxland

In Step provides a range of individual Physiotherapy services.

In Step provides Physiotherapy services for Workers Compensation, CTP Insurance, Chronic Disease Management Plan, DVA & Private Health.

admin@instepphysiotherapy.com.au

0408 154 758



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Faulconbridge Public School

Twilight Markets

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At Self Storage Plus – Blaxland and Springwood – we specialise in all your storage needs. Servicing all of the Blue Mountains our facilities at Slaxland and Springwood provide convenient and secure 7 day access to your storage. At our Blaxland and Springwood facilities we also stock a wide range of boxes and packaging to make your move even easier.

When moving you can also make use of our self drive trucks (conditions apply).

> 27 Attunga Road, Blaxland NSW 2774 55 Lawson Road, Springwood NSW 2777 Email: store@selfstorageplus.com.au Phone: 02 4739 1607



The Twilight Markets are organised and run by Faulconbridge Public School P&C www.fpspandc.org.au





Nutrition Snippet

The simp√est wov

to swap to healthy snacks

Foods packed in the lunch box contribute significantly to a child's overall diet. It is important to try and keep unhealthy treat foods out of the lunch box. Try these healthy swaps:

Swap this	For this	
Chips	Plain popcorn	
Chocolate bar	Homemade bliss balls	
Sweet biscuits	Raisin bread	
Fruit roll ups/sticks	Tub of canned fruit	
Lollies	Dried fruit	
Flavoured biscuit	Crackers with cheese	
Commercial muffins	Homemade fruit muffins	

For snack ideas visit healthylunchbox.com.au

healthylunchbox.com.au



SWOT

SPRINGWOOD WORLD OF TENNIS

Andrew McLeod

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PO BOX 473, SPRINGWOOD NSW 2777



Faulconbridge Public School

Twilight Markets

Proudly supported by



Faulconbridge Netball Club is a small friendly club that has teams competing in the Blue Mountains Netball Association at Lapstone Courts on Saturdays during winter.

We're proud to have a lot of Faulconbridge Public students and parents in our membership. In 2020 we'd love to grow our junior team numbers.

We're holding an information day down at Springwood Town Square on Saturday 8 February 2020 10am – 1 pm Watch out for more information nearer the date on our Website

faulconbridgenc.nsw.netball.com.au/



The Twilight Markets are organised and run by Faulconbridge Public School P&C www.fpspandc.org.au



This Certificate III in Mentoring Aboriginal and/or Torres Strait Islander People course has been designed specifically for Aboriginal and/or Torres Strait Islander learners.

The course aims to prepare learners to mentor Aboriginal and/or Torres Strait Islander peoples in order to support employment outcomes. The course content would be of benefit to existing workers, school leavers and/or community workers and those interested in mentoring in an Aboriginal and Torres Strait Islander context.

The course delivery consists of 4 Core Units along with 5 Elective Units, including:

- · AHCILM306 Follow Aboriginal cultural
- protocols

 CHCCCS009 Facilitate responsible behaviour
 CHCCOM002 Use communication to build
 relationships
 CHCDIV002 Promote Aboriginal and/or
 Torres Strait Islander cultural safety
- FBPPPL3001 Support and mentor individuals and groups
 MATMNT301 Develop knowledge of
- Aboriginal and/or Torres Strait Islander
- MATMNT302 Prepare to mentor Aboriginal and/or Torres Strait Islander
- MATMNT303 Mentor Aboriginal and/or
- MATMINISOS intentor Adoriginal analyor Torres Strait Islander people MATMINISO4 Access support systems as a mentor of Aboriginal and/or Torres Strait Islander people

READY TO BE DEADLY?

HOW DOES THE AWAY FROM BASE PROGRAM WORK

Expressions of Interests (EOI) are open to Aboriginal and/or Torres Strait Islander

- live in NSW
- meet ABSTUDY eligibility
- available for the following block deliveries:
- Block 1: 10 Feb-14 Feb
- Block 2: 09 Mar-13 Mar Block 3: 04 May-08 May
- Block 4: 01 Jun- 05 Jun

ACCOMMODATION, TRAVEL and MEALS If learners are ABSTUDY eligible accommodation, travel & meals will be

e: 02 9217 4890

BE CONNECTED (10000

ns and conditions may apply. errect at time of printing: July 2018

(§) 131 601 (§) tafensw.edu.au

Springwood Neighbourhood Centre

Co-operative Ltd

Striving for a community that is vibrant caring and inclusive



2019 A support group **TERM 4 DATES**

Raising Kin is a support group for grandparents, relatives and kinship carers who care for a child who is a relative. This group meet on the first Wednesday of the month during school terms. Come along to meet others who are the primary carers of a grandchild,

2019 Term 4 dates: WEDNESDAY November 6th & December 4th

Time: 10:00am-12:00pm

Venue: Tanderra OOSH, 14 Raymond Rd, Springwood

For more information and to RSVP please call

Jenny on 0450 001 393

Ground Floor, Community & Cultural Hub 108 Macquarie Rd, Springwood

P: 4751 3033 W: sncc.org.au

facebook.com/springwoodneighbourhoodcentre





FREE Sausage Sizzle • FREE Coffee & Tea FREE Jumping Castle • FREE Face Painting FREE Fairy Floss & MORE!

For more info contact: secretary@woodfordchurch.org.au

Richmond Commun Services Inc.

Parent Connect 2019 With FREE childcare	For Dad's & Mums of children aged 0—8 years	Term 4 11th & 25th Nov, 9th Dec	10am—12noon
First Aid Tips for Parents WITH FREE CHILDCARE	For Dads and Mums/ primary carers of children aged 0-18Tues years	Tuesday 29th October 2019	9.30am - 12.30pm
Communication Skills for Couples WITH FREE CHILDCARE	For Dads and Mums/ primary carers of children aged 0-12 years	3 weeks ongoing Saturdays: 19 th & 26 th October, 2 nd November 2019	10am - 12.30pm
Thriving Babies—Strategies for Parents WITH FREE CHILDCARE	For Dads and Mums/ primary carers of children aged 0-12 years	Weds 6th November 2019	10am - 12.30pm
Supporting Kids Through Loss & Grief WITH FREE CHILDCARE	For Dads and Mums/ primary carers of children aged 0-12 years	Weds 26th February 2020	6.30 - 9pm
GUTS—Growing Up Through Separation	For kids aged 7-12 years who have experienced parental separation	6 x Tuesdays 25 th February, 3 rd ,10 th ,17 th 24 th & 31 st March 2020	3.30-5pm

