

## Learn to Live

Term 1, Week 8 (19th March, 2021)

### Important Dates:

Please mark these dates on your calendar

#### Term 1 – MARCH

<b>Fri 19</b>	Bucket Filling Day
<b>Thur 25</b>	Practice NAPLAN (Yrs 3 & 5)
<b>Wed 31</b>	Paul Kelly Cup
<b>Thur 1 April</b>	Last day of Term 1

#### Term 2 – APRIL

<b>Mon 19</b>	Staff development day
<b>Tues 20</b>	Students return for term 2

#### Term 2 – MAY

<b>Mon 3 to Fri 7</b>	Milson Island camp (stage 3)
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Please remember when emailing the school, to please reference your child's class.

**Principal:** Mrs C Frith

**Assistant Principal Stage 1:** Mrs N Bridges

**Assistant Principal Stage 2:** Mrs K Jansons

**Rel Assistant Principal Stage 3:** Mrs C Hawkins

### Notes Home/ ENews Updates

- General Permission to Publish
- Internet acceptable use policy
- Child protection program
- COVID-19 restrictions update
- Harmony Day

### Assembly Dates

Friday's commencing 2pm

#### Term 1

19th March 3-4 SRC Badges

26th March 5-6

### School Activities Update



**Garden Classes - Term 1**  
Stage 3 - 5/6H, 5/6P, 5/6S

**Sport Days - Fridays**  
K-2 (9.55 - 10.55)  
3-4 (12.25 - 1.25)  
5-6 (1.55 - 2.55)



**PE Days (sports uniform)**  
Tuesday: 2/3P, 3/4T, 3/4Z, 3/4C  
Wednesday: 1/2F, 1/2W, 5/6P, 5/6H, 5/6S  
Thursday: 1/2H, KB, KG, K/1C



**Library Days**  
Tuesday: 5/6S, 5/6H, 5/6P  
Wednesday: 1/2W, 3/4C, 3/4Z, 2/3P  
Thursday: K/1C, KG,  
Friday: 1/2F, KB, 1/2H  
3/4T: Thursday (odd weeks), Friday (even weeks)

#### Music

Monday:  
Tuesday: K/1C, KB, KG, 1/2W, 1/2H  
Wednesday: 5/6S, 5/6H, 5/6P, 3/4T  
Friday: 2/3P, 3/4C, 3/4Z, 1/2F



Grose Road, Faulconbridge NSW 2776

PO Box 249, Springwood 2777 **Phone:** 4751 2208 **Fax:** 4751 3933

**Website:** <http://www.faulconbri-p.schools.nsw.edu.au/>

**Email:** [http://faulconbri-p.school@det.nsw.edu.au](mailto:faulconbri-p.school@det.nsw.edu.au)

**Access student portal:** <http://portal.det.nsw.edu.au>



## Principal's Report

Dear Parents and Caregivers,

It is with pleasure that we welcome our parents and carers back onto the school site.

There has been a real feeling of disconnection felt between the school and the community during the many iterations of the COVID-19 restrictions over the last 12 months. As restrictions begin to ease, we can now welcome back community members to volunteer in various roles at school.

- Class teachers will soon be indicating whether or not they require classroom helpers for reading groups or other learning activities.
- Next Term Stage 2 will be undertaking the Kitchen Garden program. Our Garden Guru, Mrs Healy and Kitchen Queen, Mrs Langworthy, are happy to welcome volunteers to assist with these programs on Mondays. Mrs Healy would love to see some helpers on Mondays to help keep our produce gardens looking good.
- **Ethics Teachers:** We would love people to consider volunteering to teach Ethics classes on a Thursday morning. We have a large number of students electing to do ethics and only 1 teacher who is currently unavailable. If you have time on Thursday mornings and are interested in this opportunity, please click on the link to find out more. <https://primaryethics.com.au>. (See flier later in the newsletter.)

Please remember that all volunteers must undertake a site induction before commencing volunteer activities at school.

### Blackboard Café

The Blackboard Café re-opened for students this morning for the first time since the COVID shutdown in term 1 last year. A big thankyou to Fab Trope, Jenny Hartnett and the team for getting the café up and running this week. Fab and Jenny leave us this year as their youngest children are in Year 6. Here is another opportunity to support another highly valued program at our school by volunteering and getting involved. Check out the P&C Facebook page for further details.

### Pedestrian Safety

Recently I was contacted by a concerned grandparent about the crowding of adults near the school gates at pick up times. Congestion of the footpaths can mean that pedestrians are forced onto the roadway to get past groups of parents chatting. This member of our community also noted that adults should be setting the example for children, when it comes to COVID-19 restrictions, and maintaining effective social distance from each other.

I regularly speak to students from Springwood High School who congregate in the bus bay and disregard pedestrian and road safety. I have also contacted Springwood High School regarding the number of their students who gather in the bus bay, blocking footpaths, and using the bus bay as an area for ball sports. They will also continue to monitor this situation.

### Bicycle Safety

Bicycle safety was raised at the P&C meeting on Monday night as an issue. I would like to remind parents that students under the age of 10 should not be riding to school unsupervised. All cyclists should be wearing helmets. I will be reminding students who do ride their bikes to school to be mindful of pedestrians as they exit the school.

### National Days

It has been a big week for National Days. This week we have acknowledged the following days/weeks in classrooms and or across the school:

### Harmony Day

Why is it important that schools celebrate harmony day?

It is important that schools celebrate Harmony day as this shows that we respect and celebrate the things that makes us different and unique! We are respectful and inclusive to all of our students, teachers, parents and caregivers and our schooling community and celebrate their background, culture and religion.

## Principal's Report cont'd

# HARMONY DAY

This is a day of cultural respect for everyone who calls Australia home; from the traditional owners of this land to those who have come from many countries around the world. By participating in Harmony Day, we become aware and understand how all Australians, from diverse backgrounds, equally belong to this nation and enrich it.

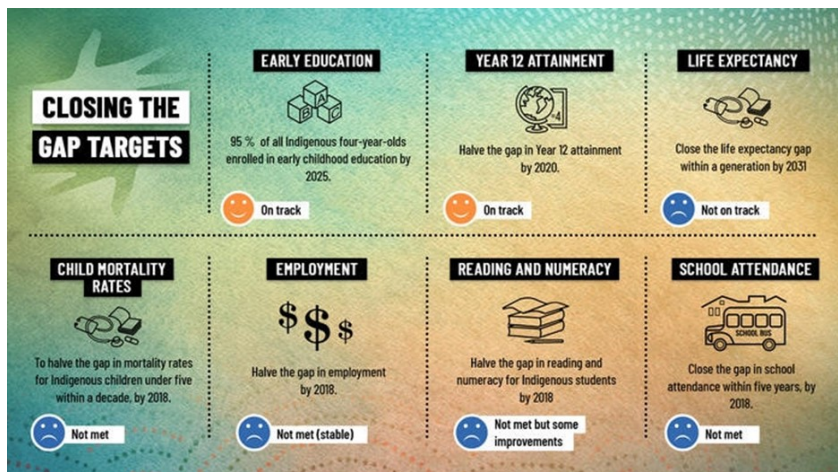


## National Close the Gap Day

National Close the Gap Day is observed on the third Thursday of March, falling on March 18 this year, and advocates for health equity of Australia's indigenous people and educating the public about the health issues and barriers to well-being faced by them. Since 2007, National Close the Gap Day brings together Australians from all over the country to advocate for health equity and take meaningful action to create better and more equitable conditions for the indigenous people. The campaign encourages people and organizations to plan events that draw attention to the health issues of Australia's indigenous people and to support legislation and programs for the improvement of their conditions.

The campaign raises awareness for the poor health suffered by many indigenous Australian groups and the lack of resources available to these populations. The Close the Gap campaign is aimed at improving the health outcomes of Aboriginal and Torres Strait Islander people, whose life expectancy is 10–17 years lower than that of non-indigenous Australians. In addition to access to healthcare, other factors including poverty, education, and employment have an impact on the well-being of indigenous groups. Actions must be taken in all of these areas to raise the standard of living for indigenous people and close the gap in healthcare and access to health resources.

Although most Australians enjoy one of the highest life expectancies and qualities of life in the world, the same isn't true across all ethnic and cultural groups. Aboriginal and Torres Strait Islander people face barriers in accessing quality healthcare and resources to help them stay healthy and thrive. Babies born to indigenous mothers die at a rate twice as high as that of other Australians. This campaign seeks to close this gap and achieve more equitable health outcomes for all Australians.



## Principal's Report cont'd

### National Day of Action against Bullying

As a way of recognising the National Day of Action against Bullying and Violence, Faulconbridge Public School has decided to go with a more positive approach and have a Bucket Filling Day!

What is bucket filling?

- We all carry an invisible bucket in which we keep our feelings about ourselves. When our buckets are full, we are happy; when they are empty, we are sad.
- It is an invisible bucket but everyone has one - students, teachers, parents, friends and our family members.
- Every day you can add to people's buckets. We can do this with nice words and kind acts.
- The goal is to fill buckets, not dip from them.
- Bucket-dipping is when we say or do anything that takes away from someone's happiness and self-worth.

What happens when we fill someone's bucket?

- When your bucket is filled or you fill another's bucket there is a spread of positivity and happiness.
- People feel more confident, respected and worthy.
- You think in a more positive way and act more positively.



### The Bucket Filler Board



**Directions:** After you complete one 'Random Act of Kindness' activity, tick off or colour in the appropriate box. Challenge yourself to see if you can get all 12 done in one week.

Write a positive note to a classmate 	Let someone go before you in line 	Smile and say 'hi' to someone new 	Thank an adult in the school for something they do 
Give a nice complement 	Play with someone new during lunch or recess 	Clean up after someone else 	Tell a child 'Good Job' on a piece of work they have done 
Ask an adult on the playground how their day has been 	Invite someone playing alone to join in your game 	Pick up a piece of rubbish and put it in the bin 	Give your 'Cub Award' to someone who deserves it, but didn't win 

### CUB AWARD MORNING TEA

Congratulations to our Cub Award winners for 2021.

	K-2	3-6
<b>Term 1</b>	Oren B K/1C	Miah T 5/6S
<b>Week 7</b>	Jackson G K/1C	Cailin O 3/4C
	Hunter L 1/2F	Argus S 3/4Z

	K-2	3-6
<b>Term 1</b>	Xavier R 1/2H	Angus W 5/6P
<b>Week 8</b>	Genevieve R K/1C	Katie B 3/4T
	Chris B 1/2H	R W 3/4C

Mrs Carol Frith  
Principal

## Faulconbridge Public School

# PBL Award

**WEEK 7**

### Presented to:

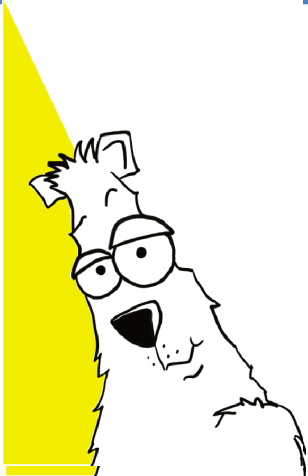


**Years K - 2**

KB	Samuel C	Being a kind and respectful student with his peers and teacher.
KB	Caitlin S	Being a learner by trying her best in everything she does!
KB	Remy L	Being a great learner by always asking for help when needed.
KB	Frankie E	Demonstrating safe behaviours in and out of the classroom.
KG	Ellie Z	Being an enthusiastic learner.
KG	Violet M	Being a respectful learner and always trying her best.
KG	Bliss D	Demonstrating kindness and respect to her teacher and peers.
KG	Levi M	Being a kind and respectful learner.
K/1C	Liam H	Being a learner: Working hard and doing his best to be a focused learner.
K/1C	Jackson G	Being safe: Coming to school happy and ready to learn.
K/1C	J R	Being a learner: Correctly answering questions with detail.
K/1C	Genevieve R	Being a learner: Always focused, ready to learn and answering questions.
1/2F	Alyssa O	Listening to and applying feedback to improve her writing.
1/2F	Archer C	Settling well into our school and learning our rules quickly.
1/2F	Ivy M	Being an excellent role model and a respectful learner.
1/2F	Thomas C	Listening respectfully at all times and having a positive attitude towards his learning
1/2H	Adeline E	Always demonstrating respectful behaviour and kindness towards others!
1/2H	Elijah R	Being a learner by contributing his ideas during Morning Routine!
1/2H	Clea B	Always being a learner and giving 100% effort!
1/2H	Emile D	Always being ready to listen and learn!
1/2W	Amelia F	Being a kind and thoughtful friend
1/2W	Tennyson D	Being a learner. Writing an excellent informative text about sharks!
1/2W	Freyja T	Always being a respectful and kind member of our class.
1/2W	Brady W	Being a learner. Contributing excellent ideas during class discussions.
2/3P	E B	Always producing a high standard of work
2/3P	V W	His increased confidence and participation in class

# Faulconbridge Public School PBL Award

WEEK 8



Years 3-4

## Presented to:

2/3P	Chelsea Z	Being a great listener and classroom helper.
2/3P	Kiraleigh B	Writing interesting and well structured sentences.
3/4T	Valen M	Contributing with confident during class discussions.
3/4T	Georgia H	Being an amazing role model to everyone in our class
3/4T	Benjamin V	Always being a safe, respectful learner
3/4T	Taurin L	Being a safe, respectful learner.
3/4Z	Afiya H	Her quiet, conscientious approach to learning.
3/4Z	Lucy R	Her enthusiastic and motivated attitude to school.
3/4Z	Harrison W	Enthusiasm and effort in writing lessons.
3/4Z	William J	Becoming more confident and willingly shares his ideas with the class.
3/4C	Josh D	Being a respectful class mate and being always willing to help others.
3/4C	Taylor M	Always putting in 100% effort into every task, big or small. Well done!
3/4C	Ava W	Being a responsible learner and continually checking in to see that she is on track.
3/4C	Alyssa G	Making big steps with her learning by asking lots of questions.

## 10 Questions with Ms Waddell

By Sarah Yearsley and Sophie Young

1. **How long have you been teaching?** Six years.
2. **How long have you been teaching at Faulconbridge?** Six years.
3. **How do you think you can improve Faulconbridge Public School?** By making sure Faulconbridge Public School is a place where children develop not just academically but also socially and emotionally.
4. **How do you think kids learn best?** Happy and in a supportive environment.
5. **What stage do you teach?** Stage 1.
6. **What's your favourite song?** Dinosaur by Ruby Fields.
7. **Have you ever danced on stage?** Yes.
8. **What's your favourite band?** Boy and Bear.
9. **What's your favourite lolly?** Anything sour.
10. **What would you be if you weren't a teacher?** A Psychologist



## Bucket Filling Day

This Friday 19<sup>th</sup> of March 2021 is The National Day of Action against Bullying and Violence. The theme for this year is 'Take Action Together'. At Faulconbridge, we will be joining in on this national day by having a 'Bucket Filling Day'. The concept of bucket filling is to use actions and words to make someone feel good about themselves in order to fill their bucket. On this day, every student will be completing a 'Bucket Filling Challenge' to spread kindness across our school



## Faulconbridge Shines at the Zone Swimming Carnival

On Friday the 19<sup>th</sup> of February we had 20 students attend the Zone Swimming carnival. The day was full of excitement and achievements. Our swimmers performed well amongst a large number of very fast swimmers. We even had some of our swimmers placing at events and moving onto the regional swimming carnival to be held later this month.

Ms Parker and I would like to congratulate all of our swimmers who braved the cold and the rain and represented our school at this event.

Well done to the following students who will now represent our School at the regional carnival:

**Rose N:** 3<sup>rd</sup> in 11 years Girls backstroke

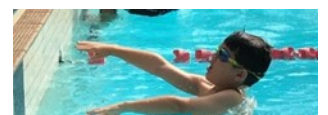
**Teagan W:** 2<sup>nd</sup> Place Girls Snr Freestyle

**Harrison S:** 2<sup>nd</sup> Jnr boys Backstroke  
2<sup>nd</sup> 10 years boys Freestyle  
2<sup>nd</sup> 10 year boys Breaststroke

**Jnr Boys Relay Team:** Noah C, Nate B, James A and Harrison S  
(came a close 4<sup>th</sup>)

Well done on a spectacular day!

Mrs Stevens





## More hands make light work!

Are you aware of the different ways you can **volunteer at Faulconbridge Public School**? Even half an hour of your time can make a difference and support the School and students.

### You can lend your time helping out at the school by:

- Volunteering to assist with the Kitchen/Garden program
- Helping with some general gardening (weeding & vegetable patch maintenance)
- Assisting in the Library by helping sort and put books away
- Asking your child's teacher if they have volunteering opportunities in the classroom
- Sorting lost property

Simply [contact the school](#) if you are interested in volunteering your time for any of these activities

### You can also support the P&C run activities by lending a hand with:

- The Uniform shop
- Blackboard café
- Event days (e.g. mothers day stall, colour run, twilight markets etc)

Contact the P&C President, Vanessa Perkins via email: [info@fpspandc.org.au](mailto:info@fpspandc.org.au) if you're able to volunteer for any of the P&C run activities or want to know more about them.

### More opportunities:

- Become an Ethics Teacher  
(visit [www.primaryethics.com.au](http://www.primaryethics.com.au) for more information)

**2021 is a year to for us to engage with the School community; Let's all make it a great year by supporting FPS where we can.**



## Blackboard cafe is re-opening!

The Blackboard Cafe will be open for students remaining Fridays of term 1 and parents from term 2.

*If you are able to help out on a Friday, or even make a donation, please contact the P&C: [info@fpspandc.org.au](mailto:info@fpspandc.org.au)*

## What's Happening...

The P & C committee work very hard along with our parents and community to support the school and the needs of the students.

Your support and guidance has meant the P&C have been able to:

- Organise 4 bike racks which equate to 20 bikes! These will start to be installed during the school holidays
- Fund Stage 2 Informative texts at a cost of \$2500. Which will allow students to use them in the guided reading, and writing programs in the classroom.

## Watch this space

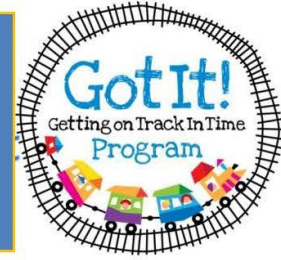
There is a lot happening behind the scenes with fundraising planning for 2021. More will be revealed soon...



You're invited to join the [faulconbridge Public School P&C facebook group](#). Keep up to date with what's happening and be a part of the discussion.



# Free Parent/Carer Seminar Building Bravery (Parenting Anxiety)



## Does your child have difficulty...

- Separating from you
- Managing their worries and fears
- With needing to get things right (perfectionism)
- With social situations

This info session will provide a general overview of anxiety symptoms in children. The presentation will also provide parents/carers with helpful tips and advice on how to respond to their child's fears in a way that encourages them to be brave when facing their worries.

**Date:** Friday 26th March 2021

**Time:** 10:00 – 10:45am

**Where:** Online webinar:

1. <https://conference.meet.health.nsw.gov.au>
2. Enter name, click continue
3. Click blue phone button
4. Enter VMR number: 4850455
5. Click 'join' (ignore pin request)

- You can access from your mobile, tablet or computer.
- You DO NOT need a microphone or camera
- Any problems please call 4725 9800 and ask for the Got It team.



# AFTER-SCHOOL CREATIVE WRITING CLASSES

WRITE AMAZING STORIES WITH  
A REAL AUTHOR!

Springwood Uniting  
Church, 4 Lewin St,  
Springwood

Zoom classes  
also available

Classes taught by  
award-winning author  
Laura Greaves

Tues/Thurs 4-5.30pm

Studio  
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FOR FURTHER  
DETAILS, VISIT  
STUDIOFAULCO.COM.AU



# SWOT

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## Andrew McLeod

Accredited Club Professional NSW TCA  
Coach

Previously coached in USA and Germany

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PO BOX 473, SPRINGWOOD NSW 2777



# SWOT

SPRINGWOOD WORLD OF TENNIS

## SCHOOL HOLIDAY TENNIS COACHING CLINIC

SPRINGWOOD WORLD OF TENNIS, SPRING STREET, SPRINGWOOD

**Mon 12th to Fri 16th April 2021 (9AM to 3PM)**

JUNIORS 5YRS TO 16YRS. BEGINNERS TO ADVANCED. FULL SUPERVISION.

FOR FURTHER DETAILS PLEASE RING 4751 5383 OR 0416 083 472.

STUDENTS GRADED INTO GROUPS DEPENDING ON AGE AND ABILITY. COACHING HELD WET OR FINE, RACQUETS AVAILABLE FOR HIRE. LUNCH PROVIDED ON FRIDAY IN CONJUNCTION WITH PRIZE GIVING.

**ENTRANCE FEE: \$170 (INC. GST)**

**BOOK EARLY TO AVOID DISAPPOINTMENT**

**FUN! GREAT TROPHIES! PRIZES! COMPETITIONS! TOURNAMENTS!**

NAME: \_\_\_\_\_ EMAIL: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ AGE: \_\_\_\_\_

PHONE: \_\_\_\_\_ (please enclose \$170 fee with this form)

PARENTS SIGNATURE: \_\_\_\_\_

ENROLMENTS MAY BE MADE AT THE PRO SHOP, SPRING ST, SPRINGWOOD OR BY POSTING THIS FORM TO:-

**18-32 Spring St, Springwood NSW 2777** WITH CHEQUE PAYABLE TO *SPRINGWOOD WORLD OF TENNIS.*

# Do something life-changing this year

Teach ethics at your  
local school



**For around an hour a week, you can teach an ethics class at your local school and help children develop skills for life.**

Ethics classes support children to develop the skills they need to voice their opinions, consider the ideas of others and to make decisions based on evidence and reasoning rather than habit or peer pressure.

In ethics classes, children discuss ethical issues using an approved curriculum designed for each age group and include topics such as Laziness, Voting, How can we work out what's true? and Imagining how others feel.


Volunteers are needed now to teach ethics classes at a school near you. Training and support is provided.

**Only about an hour a week**

Find out more at  
[PrimaryEthics.com.au](http://PrimaryEthics.com.au)

# 2021 TERM 1 CALENDAR OF EVENTS as at 5/3/21



Week/Month	Monday	Tuesday	Wednesday	Thursday	Friday
6 Mar	1 Volunteer Induction 6pm in the Library IEP Meetings day 1	2 Yoga (K-2) 8-8:50am Wind Orchestra 7:45am	3	4 Yoga (3-6) 8-8:50am Note Due: AFL Paul Kelly Cup	5 Stage 3 Assembly Stage 3 debating teams announced & meetings begin
7 Mar <b>Wellbeing Week</b>	8 IEP meetings day 2 Drumming (3-6) 8am	9 Values for Life - Evening Parent Seminar 7-8pm in the hall Yoga (K-2) 8-8:50am Wind Orchestra 7:45am	10 School photos ( <i>bring your photo envelope in today</i> ) IEP meetings day 3 Note Due: Child Protection	11 Yoga (3-6) 8-8:50am	12 K-2 Assembly - <b>SRC badges</b> Uniform Shop 8:20 - 9:20am 2 <sup>nd</sup> Instalment Due - <b>Milison Island Camp</b>
8 Mar <b>Harmony Week</b>	15 P&C Meeting 7pm in the Library Drumming (3-6) 8am	16 Harmony Day ( <i>students wear orange</i> ) Yoga (K-2) 8-8:50am Wind Orchestra 7:45am	17 K-2 Homework Presentation 6pm	18 National Close the Gap Day Yoga (3-6) 8-8:50am Note Due: General Permission to Publish	19  Bucket Filling Day Stage 2 Assembly - <b>SRC badges</b> Uniform Shop 8:20 - 9:20am Concert Band 7:45am
9 Mar	22 Drumming (3-6) 8am	23 Yoga (K-2) 8-8:50am Wind Orchestra 7:45am	24 Note Due: Internet Acceptable Use Policy	25 Practice NAPLAN - Yrs 3 & 5 (bring headphones) Yoga (3-6) 8-8:50am	26 Stage 3 Assembly 3 <sup>rd</sup> Instalment Due - <b>Milison Island Camp</b> Concert Band 7:45am
10 Apr	29 Drumming 8am (Stage 2&3)	30 Yoga (K-2) 8-8:50am Wind Orchestra 7:45am	31 AFL Paul Kelly Cup	1	2 GOOD FRIDAY

\*\* Please continue to use the QR Code and follow social distancing guidelines by keeping 1.5m from other adults when visiting the school site \*\*