



# Faulconbridge News

## Learn to Live

Term 1, Week 3 (11th February, 2022)

### Important Dates:

Please mark these dates on your calendar

Please note: All upcoming events are currently postponed in line with current Government COVID restrictions.

#### Term 1 –February

Mon 21	P&C meeting
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#### Term 1 –April

Friday 8	Last day of term
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Students are to bring a drink bottle each day



When emailing the school please reference your child's class.

Relieving Principal: Mr Chris Pyne

Rel Assistant Principal Stage 1: Mrs Katie Barrow

Assistant Principal Stage 2: Mrs Serena Goodridge

Rel Assistant Principal Stage 3: Miss Katrina Iredale

### E-News Updates/ Notes Home

- Return to school
- Distribution plans for RATS
- Kindergarten families
- Start/ finish times for Tuesday 1st February
- 2022 Annual swimming carnival
- Swimming carnival update
- Swimming carnival reminder
- Risk of Covid 19
- Faulconbridge Public School band program
- FPS rapid antigen test request form
- Kitchen garden program—stage 1



### School Activities Update

Timetables and school activity schedules are currently being reviewed to ensure we abide by the guidelines around cohort groupings as set by the Department of Education and NSW Health. More information will be coming relating to the timetabling of class and school activities

#### Library Days

Monday: 5/6C, 5/6H, 5/6L

Tuesday: 1/2B, 1/2L, 1/2H, 3/4G, 3/4Z

Thursday: 3/4P, 2/3P

Friday: KK, KG, K/1L



Borrowing will start week 4, please send a library bag with your child.

Grose Road, Faulconbridge NSW 2776

PO Box 249, Springwood 2777 Phone: 4751 2208 Fax: 4751 3933

Website: <http://www.faulconbri-p.schools.nsw.edu.au/>

Email: <http://faulconbri-p.school@det.nsw.edu.au>

Access student portal: <http://portal.det.nsw.edu.au>

## Relieving Principal's Report

Dear Parents and Caregivers,

What a start to the year. Thank you to everyone of you that has come and introduced themselves to myself and the staff. A big welcome to Kindergarten 2022! I have been at the gate and in classes and have met you all over the past two weeks. This has been an incredibly smooth start to the year for kindergarten even with the restrictions. All classes have been busily working throughout the week and reports on the ground is that they have settled in exceptionally. I plan to get into every class over the next fortnight and get to know your kids, because they are at the centre of everything we do here at Faulconbridge.



### Swimming Carnival



It was great to see all the competitors at the swimming carnival compete with such vigor. It was unfortunate that we could not have the whole school at the carnival and make it a community event due to the current restrictions. We hope that future events are not disrupted and that all students can be part of carnivals and events. Well done to those who competed, you did yourselves and the school proud!

### Staffing Update

I would like to announce the appointment of Richard Cartwright as a permanent classroom teacher. Richard brings a wealth of life experiences to Faulconbridge that I'm sure all students at the school will enjoy. Richard will be going onto 5/6H Monday to Thursday with Sophie Holloway who has done a fabulous job remaining on the class Fridays. Welcome Richard and we look forward to introducing you to the Faulconbridge Public School community.

Warm regards,

Chris Pyne

Rel. Principal

# Health Care Plans

Is your child's health care plan up-to-date?

**ASTHMA ACTION PLAN**  
This is an ACTION PLAN. Please use it when you feel your asthma.

Name: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

GP: \_\_\_\_\_

**WEEK WELL**

**WEEK NOT WELL**

**IF SYMPTOMS GET WORSE**

**DANGER SIGNS**

**DIAL 000 FOR AMBULANCE**

**ascia ACTION PLAN FOR Allergic Reactions**  
www.allergy.org.au

Name: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Continued allergens: \_\_\_\_\_

Family/emergency contact name(s): \_\_\_\_\_

Watch for any ONE of the following signs of ANAPHYLAXIS (SEVERE ALLERGIC REACTION)

**ACTION FOR ANAPHYLAXIS**

- 1 Lay person flat - do NOT allow them to stand or walk
- 2 Give adrenaline (epinephrine) autoinjector if available
- 3 Phone ambulance - 000 (AU) or 111 (NZ)
- 4 Phone family/emergency contact
- 5 Transfer person to hospital for at least 4 hours of observation

**ALWAYS give adrenaline autoinjector FIRST if available, and then asthma reliever puffer if someone with known asthma and allergy to food, insects or medication has SUDDEN BREATHING DIFFICULTY** (including wheeze, persistent cough or hoarse voice) even if there are no skin symptoms.

**ascia ACTION PLAN FOR Anaphylaxis**  
www.allergy.org.au

Name: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Continued allergens: \_\_\_\_\_

Family/emergency contact name(s): \_\_\_\_\_

Watch for any ONE of the following signs of ANAPHYLAXIS (SEVERE ALLERGIC REACTION)

**ACTION FOR ANAPHYLAXIS**

- 1 Lay person flat - do NOT allow them to stand or walk
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- 4 Phone family/emergency contact
- 5 Transfer person to hospital for at least 4 hours of observation

**ALWAYS give adrenaline autoinjector FIRST, and then asthma reliever puffer if someone with known asthma and allergy to food, insects or medication has SUDDEN BREATHING DIFFICULTY** (including wheeze, persistent cough or hoarse voice) even if there are no skin symptoms.

Please ensure you hand in your updated plans to the school office at the beginning of the 2022 school year!

## Absentee Form—School eNews

In past years, a small number of parents have been using the Absentee Form under the Digital Forms section of School eNews. During 2021, we phased out the use of this function on the School eNews App and due to a number of reasons, this year we are no longer accepting this form as a note for absence.

Please provide your child with a note explaining their absence and including your signature on their return to school.



**Dominic Perrottet MP**  
Premier of New South Wales



Dear parents,

When school goes back, there is usually a collective sigh of relief from parents that can be heard around the state, along with the customary first day nerves, tears and cheers for our newest, youngest starters.

But heading into the third year of a global pandemic makes life a bit different, and I know every parent has concerns about what 2022 holds for kids in school.

After so much disruption and home learning last year, the Government understands just how important it is to give every student the opportunity to get back into the classroom, and to do it safely.

That is why everyone in our state's education system has been working in overdrive to get our schools ready to welcome students back safely on day one. I'm immensely grateful to our teachers and administrative staff, and especially our Principals and Deputy Principals, for the amazing job they have done to get us here.

Safety in schools is our top priority, and we are taking every step necessary to prove a safe learning environment, including free rapid tests for every student, maximised natural and mechanical ventilation, sensible mask requirements, increased cleaning and other measures.

The past few years have taught us to expect bumps in the road ahead, but even though the coming months may be challenging, the Government knows the positive difference every day of school education can make for our kids, both now and into the future.

So I am determined to make this year as seamless as possible for you, your families and your kids, and I hope getting back to school will ease some of the pressure for you too.

Thank you again for your efforts over the past two years. We have come a long way, and I have no doubt that if we keep working together, we will rise to whatever challenges may lie ahead.

I will make sure to keep you updated, and your schools and the Department of Education will of course keep you informed every day too.

All of us are united in our determination to give our kids the very best opportunity to get the best education possible, while staying safe, healthy and happy.

Wishing you and your families a fantastic start to the 2022 school year.

Yours sincerely,

**Dominic Perrottet MP**  
**Premier**



# COVID-smart measures for schools

Information for **parents and students**



Being together in a classroom is the most effective way for students to learn and grow. Since COVID-19 remains a relatively mild illness for most children, we're committed to return to school safely in 2022. We will support this through the following measures.



## WATCH FOR SYMPTOMS

- If your child is unwell, even with mild symptoms you must keep them home and get them tested. If they display any symptoms they should take a PCR test (nose and throat swab) or rapid antigen test (RAT).
- If symptoms continue your child should stay home and take another RAT or PCR test in 24 hours. If that test is also negative, your child may return to school if another diagnosis is confirmed such as hay fever.



## VACCINATIONS

- All staff on school sites must be fully vaccinated.
- We strongly encourage all students and their families to get vaccinated. Children aged 5 to 11 can now get vaccinated. Parents are encouraged to book their child in for a vaccination at the first available opportunity.
- Once eligible, all adults are encouraged to get booster shots.



## TESTING

### Before the start of term 1

- All staff and students are asked to take a rapid antigen test and get a negative result before attending school at the start of term 1. Your school will provide advice on when tests should be taken.
- Rapid antigen tests will be provided to all staff and students through their schools. Schools will inform parents on how these kits can be collected.

### At the start of term 1

- For the first 4 weeks, students and staff should take a rapid antigen test **twice a week on the morning before attending school**. Test kits will continue to be supplied by schools.
- Students who are household close contacts must isolate at home for 7 days.



## COVID-19 POSITIVE CASES

- If your child has no symptoms and there is a positive case in their class, year or other grouping, they can continue to attend school in line with NSW Health advice.
- Staff and students who get a positive rapid antigen test result must register it on [service.nsw.gov.au](https://service.nsw.gov.au) or the **Service NSW app** as soon as possible.
- Staff and students who receive a positive rapid antigen or PCR test result must tell their school as soon as possible, and follow NSW Health advice.
- Schools will regularly communicate to parents about the presence and impact of COVID-19 in their community. Parents should expect to be provided with details of any impacted year groups or cohorts.



## VENTILATION

- Fresh air is the most effective form of ventilation to minimise the risk of transmission.
- All learning spaces in public schools have been checked to ensure appropriate levels of ventilation and air purifiers have been provided where needed.
- Using outdoor spaces will continue to be encouraged.



## MASKS

- All primary and secondary school staff will be required to wear masks indoors.
- No vented masks or cloth masks should be worn. If required, surgical masks will be available at schools.
- Secondary school students are required to wear masks.
- Primary school students are strongly recommended to wear well-fitted masks indoors.



## ACTIVITIES

- COVID-19 will be considered in all risk assessments. Guidance will be provided to schools on applying appropriate safeguards across a range of activities.
- Parents will be made aware of the risk of exposure and will need to give their permission for participation in extra-curricular, out of school hours or off-site activities



## STUDENT COHORTING

- Schools will continue using cohort arrangements and consider staggered drop-off and pick ups, break times, playground and canteen access.
- Depending on the school, cohort size and timetables, cohorts may be based on classes, years or stages.



## VISITORS

- Visitors on school sites should be kept to a minimum to support essential school activities or student needs. Visitors will be required to wear a mask indoors and will be encouraged to wear a mask outdoors if they cannot maintain physical distancing.
- Schools are advised to allow a maximum of 2 parents or carers per student onto school grounds for Kindergarten orientation or Year 7 transition.



## KEEPING SCHOOLS OPEN

- Parents are asked to respect the rules at their child's school to help keep the community safe.
- Schools will do everything they can to maintain continuity of face-to-face learning including the use of more casual staff.
- Schools will need to make localised staffing decisions to ensure appropriate supervision can be maintained.
- Schools will not be able to guarantee particular staff for any cohort and students may not have their regular teacher for a class.



## LEARNING FROM HOME

- We will continue to monitor the situation and where face-to-face learning is not possible, learning from home options will be supported for short periods.

For more info, visit [nsw.gov.au/covid-19](https://nsw.gov.au/covid-19)

The NSW Government is committed to ensuring school operations continue while prioritising the safety and wellbeing of students and school staff.



# SWOT

SPRINGWOOD WORLD OF TENNIS

## Andrew McLeod

Accredited Club Professional NSW TCA  
Coach

Previously coached in USA and Germany

Qualified PDHPE Teacher

**GROUP & PRIVATE LESSONS**

**ALL AGES - beginners to elite players**

**SCHOOL HOLIDAY COACHING CLINICS**

**PRO SHOP, RACQUET SALES & RESTRINGING**

Phone: 4751 5383

Mobile: 0416 083 472

Email: [springwoodworldoftennis@hotmail.com](mailto:springwoodworldoftennis@hotmail.com)

SPRING ST, SPRINGWOOD



## Part-Time Work Available

**Become a School Crossing Supervisor with Transport for NSW!**

**Multiple Part Time positions across the Blue Mountains - 48085**

- Keep our kids, parents, and teachers safe on the road
- Be a second pair of eyes for our local motorists
- Earn an income and still have time to live your life to the fullest

School crossings require coverage for **20 hours per fortnight** Monday to Friday during the school term.

This involves 1 hour in the morning and 1 hour in the afternoon between 8:00 – 9:30am & 2:30 – 4:00pm.

**VACANCIES AVAILABLE:**

- Mount Riverview Public School

**Scan the QR Code for more information**

Does this sound like you?

- ✓ Reliable in good or bad weather
- ✓ Good communication skills
- ✓ Community spirit
- ✓ Positive energy

If it does, scan the QR code or visit [jobs.transport.nsw.gov.au](https://jobs.transport.nsw.gov.au) to apply today.

*\*If you are unable to join us on a part time basis, please consider joining us as a casual!*



For late applications or more information, please contact Caitlin Ritchie:

E: [Caitlin.ritchie@transport.nsw.gov.au](mailto:Caitlin.ritchie@transport.nsw.gov.au)  
P: 02 9983 2782

Applications close: Sunday 20<sup>th</sup> February 2022



## Healthy Lunch Box recipe

### Vegetable gratin



#### Ingredients

Olive oil spray  
1kg frozen chunky mixed vegetables, thawed  
1 tbsp margarine  
2 garlic cloves, crushed  
¼ tsp dried thyme  
¾ cup plain flour  
1 tsp Dijon mustard  
2 cups reduced-fat milk  
1 cup reduced-fat cheddar cheese, grated  
Salt and pepper, to taste  
1 cup fresh wholemeal bread crumbs  
2 tbsp fresh parsley, chopped

- Serves 6

#### Method

Preheat oven to 190°C. Spray an 18 x 28 cm shallow baking dish with oil. Drain thawed vegetables well and set aside.

Melt the margarine in a saucepan over medium heat. Add the garlic and thyme and cook for 30 seconds. Whisk the flour and mustard into the milk and gradually whisk into the saucepan. Cook, whisking constantly, for 5 to 10 mins or until thickened. Remove from the heat and stir in ¾ cup of the cheese until melted. Fold in the vegetables and pour into the baking dish.

In a bowl, combine the remaining cheese with the bread crumbs and parsley. Sprinkle over the vegetables and bake for 20 min or until golden brown.

For more recipes visit:  
[healthylunchbox.com.au](http://healthylunchbox.com.au)



**RAISING KIN**  
grandparents relatives  
and kinship carers

Raising Kin is a support group for grandparents, relatives and kinship carers who care for a child who is a relative. This group meets on the first Wednesday of the month during school term.

**TERM 1 2022 DATES:**

**Wednesdays**

**FEB 2 MARCH 2 APRIL 6**

**10:00AM-12:00PM**

**VENUE:**

**FAULCONBRIDGE COMMUNITY HALL  
9-9A HOME STREET  
FAULCONBRIDGE**

**For more information or to RSVP**

**please contact**

**Jenny on 0450 001 393**

*Striving for a community that is vibrant, caring and inclusive*

Springwood Neighbourhood Centre

[www.sncc.org.au](http://www.sncc.org.au)

[reception@sncc.org.au](mailto:reception@sncc.org.au)

02 4751 3033

[facebook.com/springwoodneighbourhoodcentre](https://facebook.com/springwoodneighbourhoodcentre)