



Faulconbridge News

Learn to Live

Term 2 Week 2 (5th May 2023)

Important Dates:

Please mark these dates on your calendar

Term 2 – May

Tues 9	Mothers Day Stall (P&C) Netball—Penrith Schools Cup Paul Kelly Cup
Fri 12	Mother's Day Breakfast (P&C) Yarning Circle Opening—11.30am
Mon 15	P&C Meeting—6.30pm
Fri 19	Zone Cross Country

Term 2 – June

Fri 9	Stg 2 Australian Reptile Park Excursion
Mon 12	King's Birthday Public Holiday
Tue 13	Winmalee Cup

Relieving Principal: Mr Chris Pyne

Assistant Principal Stage 1: Mrs Katie Barrow

Assistant Principal Stage 2: Mrs Serena Goodridge

Rel Assistant Principal Stage 3: Mrs Natalie Zordoumis

Assistant Principal Curriculum and Instruction: Mrs Sara Drebber

Sentral Updates/ Notes Home

- Cross Country Carnival
- Stage 2 changes to routine
- Our new amazing Yarning Circle
- ANZAC Day march in Springwood
- The Student Resilience Survey
- Stage 2 excursion Australian Reptile Park
- Coin Race (P&C)
- Netball 2023 Penrith Primary Schools Cup

Assembly Dates

Fridays commencing 2pm

5th May - K-2

12th May- 3-6

19th May - K-2

26th May - K-6

School Activities Update

Library Days

Monday: 1/2H, 1/2F, 1/2L, 3/4G

Tuesday: 1/2P, 3/4C, 3/4M, 5/6Z, 5/6K

Friday: KL, KH, K/1B, 5/6G,

Kitchen Garden Classes - Term 2

Stage 2

Uniform Shop

Open Fridays at 8.25am

Extra-Curricular Activities

Activity	Year	Day & location
Knitting	K-6	Monday lunch 1/2F classroom
Stage 1 Dance	1-2	Friday 8.10am Dance Hall
K-2 Choir	K-2	Friday recess Music room
3-6 Choir	3-6	Wednesday recess Music room
Chess Club	K-6	Friday recess 5/6K classroom



Grose Road, Faulconbridge NSW 2776

PO Box 249, Springwood 2777 Phone: 4751 2208 Fax: 4751 3933

Website: <http://www.faulconbri-p.schools.nsw.edu.au/>

Email: http://faulconbri-p.school@det.nsw.edu.au

Access student portal: <http://portal.det.nsw.edu.au>



Relieving Principal's Report

Hi Faulconbridge Families,

What a great start to the term we have had. The students have all started with a gusto which is great to see. We are straight back in to learning and getting the hard work done in the classroom.

This term started with a new look to the school in our Yarning Circle. It is absolutely beautiful and the kids love it! I can't thank Craig from Liddell Earthscapes and the P&C for all their hard work with the project.

Thank you to all the families who have donated to our school's Toy Amnesty and giving your pre-loved toys for our students to use. That will be up and running within the next week, so thank you to all who donated.

Our year 5 students have been given the opportunity to show their leadership and lead our structured play activities in the playground. They are learning Yulunga Traditional Indigenous Games so that they can lead activities for any student to join in with in the playground. After the training we all look forward to seeing those activities for all students in the playground.

Thanks for a great start! When the school and the community work together as we have that great things can happen for your kids, our students, so thank you for your ongoing hard work and support.

Warm regards,

Chris Pyne

Rel. Principal

YARNING CIRCLE OPENING



Faulconbridge Public School

FRIDAY 12 MAY, 2023
AT 11:30AM
GROSE ROAD FAULCONBRIDGE NSW 2776

All welcome to the official opening
of our Yarning Circle

The ceremony will take approximately
45 minutes



Faulconbridge Public School

AWARD WINNERS

TERM 2

WEEK 1



Class Merit Award Quality Work Award

3/4C	Jackson C	Eva K
	Alexander C	Eloise S
3/4G	Xavier R	Lillian O
	Marius I	Joshua G
3/4M	Ben R	Freyja T
	Tom C	Millie C
5/6G	Ashton D	Ava W
	Archie B	Imogen A
5/6Z	Theodore R	Ishwari M
	Elvis A	Ella P

Class Merit Award Quality Work Award

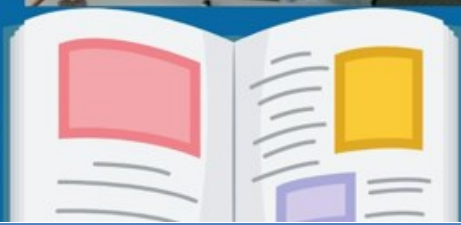
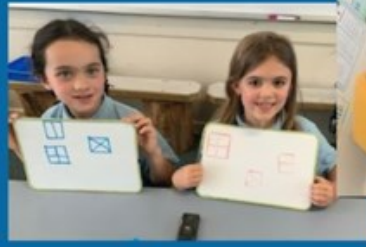
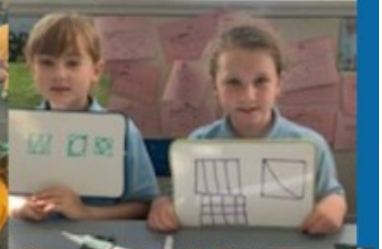
KH	Liam C	Quinn H
	Beatrix S	Betty R
KL	Conor C	Ellora G
	Charlotte T	Bonnie G
K/1L	Dontae A	Rocky G
	Jaxson R	Ryleigh W
1/2F	Remy L	Oren B
	Harriet W	Stella B
1/2H	Dimi P	Will S
	Sophie W	Winter O
1/2L	Nathan O	Amelie J
	Taavi B	Liam L
1/2P	Peyton S	Nikolas C
	Genevieve R	Ellie Z

TERM 2

WEEK 2



Welcome to 1/2F



PREMIERS SPORTING CHALLENGE 2023

10 Week Challenge

Support Faulconbridge Public School to raise money so that we can purchase new sports equipment whilst keeping fit and healthy!

The 10 week challenge will run from Monday 8th May through to the Friday 4th August 2023.

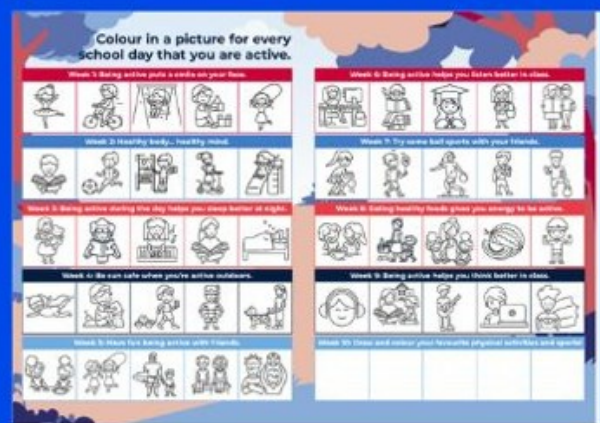


Fill in the blank squares with ways you like to be active...

NSW PSC 2021
10 WEEK CHALLENGE
Years K-2 logbook

Student Name: _____
Team Name: _____
Teacher Name: _____

NSW Premier's Sporting Challenge
More active, more often



Colour in a picture for every school day that you are active.

Week 1: Being active puts a smile on your face.
Week 2: Healthy body, healthy mind.
Week 3: Being active during the day helps you sleep better at night.
Week 4: Be safe when you're active outdoors.
Week 5: Have fun being active with friends.

Week 6: Being active helps you learn better in class.
Week 7: Try some fun sports with your friends.
Week 8: Being healthy helps your eyes change to see better.
Week 9: Being active helps you think better in class.
Week 10: Draw and colour your favourite physical activities and sports.

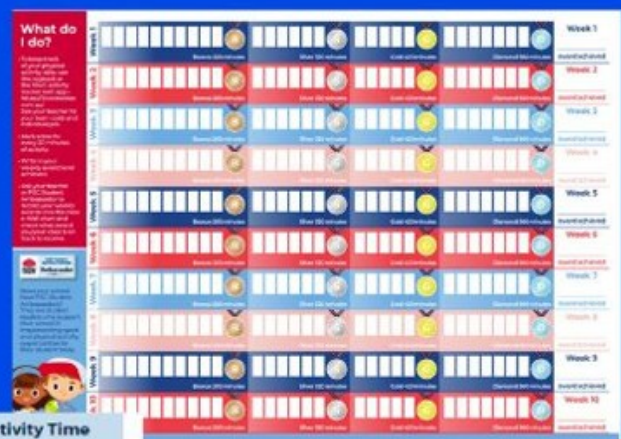


Physical activity stopwatch
Write activities that you take part in throughout the day on the stopwatch sections.

NSW PSC 2021
10 WEEK CHALLENGE
Years 3-6 logbook

Student Name: _____
Team Name: _____
Teacher Name: _____

NSW Premier's Sporting Challenge



What do I do?

Logbook with columns for different activities and days of the week (Week 1 to Week 10).

Award Level	Daily Activity Time
Bronze	30 minutes per day
Silver	45 minutes per day
Gold	60 minutes per day
Diamond	80 minutes per day



P&C NEWSLETTER | TERM 2, WEEK 2

P&C ASSOCIATION



DONATIONS NEEDED!

THE UNIFORM SHOP NEEDS YOUR HELP!

The Uniform shop is in desperate need of clip hangers for skirts and trousers, as well as drawer containers and a lidded clothes basket for second-hand uniform drop-offs.

If you are able to donate any of these items (in good condition) the uniform shop is open every Friday morning from 8.25am. Please contact us at info@fspandc.org.au to arrange an alternative drop-off time if you are unable to get to the school Friday mornings.

SAVE THE DATE

FAULCONBRIDGE PUBLIC SCHOOL P&C

Trivia Night

Saturday, July 22nd

Tickets on sale now at www.fspandc.org.au/calendar

Mother's day Breakfast

Friday 12 May from 7 am

- Scones with Jam & Cream (2 per serve)/Gf. \$5
- Croissant with Jam \$5
- Croissant with Ham and Cheese \$5
- Smashed Avocado /Gf. \$5
- Cakes and Slices \$2-\$4

Blackboard Cafe

Tuesday 9th May: Mother's Day Stall

We would greatly appreciate any volunteers (especially Dads!) to assist with packing of gifts, helping at the stall or breakfast service. If you are able to volunteer, please email fundraising@fspandc.org.au

Save the date

Next P&C Meeting
Monday 15th May | 6:30pm
School Library

READY! SET! COLLECT!!

THE COIN RACE IS COMING

TUESDAY JUNE 27TH

The P&C are running a coin race this term in Week 10, where classes will go head to head to see who can create the longest trail of coins!

Starting Monday May 8th, students will be encouraged to bring in coins to their class teacher to participate. The teacher will collect these coins in a special container and keep them safe until they are ready to be used at the coin race on Tuesday June 27th.

Winning class gets a class party!



P&C NEWSLETTER | TERM 2, WEEK 2

P&C ASSOCIATION



New Yarning Circle Installed at Faulconbridge Public School to Promote Cultural Awareness and Community Bonding



A yarning circle is a traditional gathering place used by Indigenous Australians for thousands of years. It is a place for community members to come together to discuss and share stories, knowledge, and experiences. The circle represents equality and encourages everyone to have a voice and be heard.

Our new yarning circle will be used by our school community to promote cultural awareness and understanding, as well as a place for students to come together and learn from each other. It is an important addition to our school, as we aim to create a supportive and inclusive environment for all students. We are incredibly grateful to everyone who made this possible, and we look forward to using our yarning circle for many years to come.

We are thrilled to announce that our school now has a brand new yarning circle installed thanks to the hard work of our P&C and a generous grant. The yarning circle was installed over the school holidays by Craig from Liddell Earthscapes and has quickly become a focal point for our school community.

Make a Difference in Your Community - Volunteer at Faulconbridge Public School!

Our school warmly welcomes anyone who is interested in giving back to the community and supporting our students. Volunteering is a great way to get involved and make a difference, and we have plenty of opportunities available for you to help out.

Join our team of friendly and supportive volunteers, teachers and staff and experience the joy of giving back to your community. Our volunteers find their time with us extremely enjoyable and rewarding, especially when they see the smiles on their kids' faces as they lend a helping hand. Come be a part of our school community and make a meaningful impact on the lives of our students.

- ★ **Mondays:** Kitchen Garden Program. Are you able to help in the kitchen? Or perhaps you have more of a green thumb for the garden? This term is stage 2's turn. Any help you can offer throughout the day is greatly appreciated!
- ★ **Thursdays:** We are in desperate need of Ethics teachers (easy and short training is available for this).
- ★ **Fridays:** The Blackboard Cafe always loves some help! Friday mornings from 8am until 9am.
- ★ **General & out of school hours:** Sustainability and garden maintenance. Fundraising initiatives. There's lots of opportunity for helping outside of school hours!

Email info@fspandc.org.au if you can help!



SWOT

SPRINGWOOD WORLD OF TENNIS

Andrew McLeod

Accredited Club Professional NSW TCA Coach

Previously coached in USA and Germany
Qualified PDHPE Teacher

GROUP & PRIVATE LESSONS

ALL AGES - beginners to elite players

SCHOOL HOLIDAY COACHING CLINICS

PRO SHOP, RACQUET SALES & RESTRINGING

Phone: 4751 5383

Mobile: 0416 083 472

Email: springwoodworldoftennis@hotmail.com

SPRING ST, SPRINGWOOD



A SPACE for Us

PARENT SUPPORT GROUP



- Are you a parent or carer living with a child who requires additional support and care?
- Do you struggle to find space in your busy schedule for you?
- Are you looking for a safe space to share your experience, listen to others and access support from people who understand?

Join a "Supportive Parent and Carer Environment" that provides access to resources, information and guest speakers. You'll have the opportunity to connect with others who can relate to the unique journey and challenges parents face.

TIME & DATE

Thurs 12:30pm - 2:30pm

- 11th May
- 25th May
- 8th June
- 22nd June

VENUE

Uniting Church Hall

72 Old Bathurst Rd
Blaxland 2774

Afternoon tea provided



For enquiries and registration contact Angie Jackson on 0491 072 762



We acknowledge and respect the Traditional knowledge holders and custodians of the land on which we work, the Darug and Gundungurra people.



Nutrition Snippet

SPINACH TRIANGLES



Ingredients

- 1 tsp olive oil
- 1 brown onion, finely diced
- 1 clove garlic, crushed
- 250g frozen spinach, thawed, liquid squeezed out
- 250g low fat ricotta
- ½ lemon, zested
- 1 egg, lightly beaten
- 12 sheets filo pastry
- Spray olive oil

Method

Preheat oven to 180°C. Line two large oven trays with baking paper.

Heat olive oil in a small fry pan over medium heat. Add the onion and garlic and cook stirring occasionally until the onion softens. Transfer to a bowl and set aside to cool.

Add the spinach, ricotta, lemon zest and egg to the onion mixture and combine.

Keep pastry sheets you're not working with covered with a damp tea towel, so they don't dry out. Place 1 sheet of pastry on a clean surface and spray with oil spray. Top with another sheet of pastry. Spray. Top with a third sheet of pastry and spray.

With the long sides facing you, cut pastry into 5 vertical strips. Put 1 tablespoon of the spinach mix in the corner of a strip and fold diagonally to form a triangle. Repeat with remaining pastry and mix.

Arrange on the oven trays and spray with oil. Bake for 20-25 minutes or until golden.

healthylunchbox.com.au



Gateway Family Services

Term 2, 2023

Parenting Programs Summary



Program	Date & Time	Location	Registration
Life, the Universe & Stories <i>A relaxed social group that centres around the reading, reflection and discussion of great stories. Drop in whenever you feel. All ages welcome. FREE morning tea.</i>	Every Friday 10:00am—12:00 noon	Blaxland Uniting Church Hall 70-76 Old Bathurst Road, BLAXLAND	Ph: Chris 0468 346 834 OR Email chris@sharedreadingnsw.com
Circle of Security <i>Learn how to be a strong, wiser & kinder parent with your kids. Suitable for parents of 0-12 year old.</i>	Every Tuesday 2nd May - 13th June 6:30pm—8:30pm	Euroka Children's Centre Corner Hope St & Great Western Hwy BLAXLAND	Ph: 4720 6500 OR Email groups@gatewayfamily services.org.au
Circle of Security <i>Learn how to be a strong, wiser & kinder parent with your kids. Suitable for parents of 0-12 year old.</i>	Every Wednesday 3rd May - 14th June 10:00am—12:00pm * Childcare available - must register *	Nepean Multicultural Access Building 1, 29 Swanston Street ST MARYS	Ph: 4720 6500 OR Email groups@gatewayfamily services.org.au
1-2-3 Magic & Emotion Coaching <i>Learn how to understand & manage your child's difficult behaviour. Suitable for parents with 2-12 year olds.</i>	Every Wednesday 10th May—24th May 10am—12:00pm	Blaxland Uniting Church Hall 72 Old Bathurst Road BLAXLAND	Ph: 4720 6500 OR Email groups@gatewayfamily services.org.au

For more information and Individual Flyers go to:

www.gatewayfamilyservices.org.au or www.facebook.com/GatewayFS

Gateway Family Services parenting programs are funded by DSS and DCJ.

Gateway works collaboratively with community partners to bring parent groups to communities from St Marys to Blackheath.

Gateway encourages, supports & respects diversity in families & communities. Our Groups are open to everyone.

